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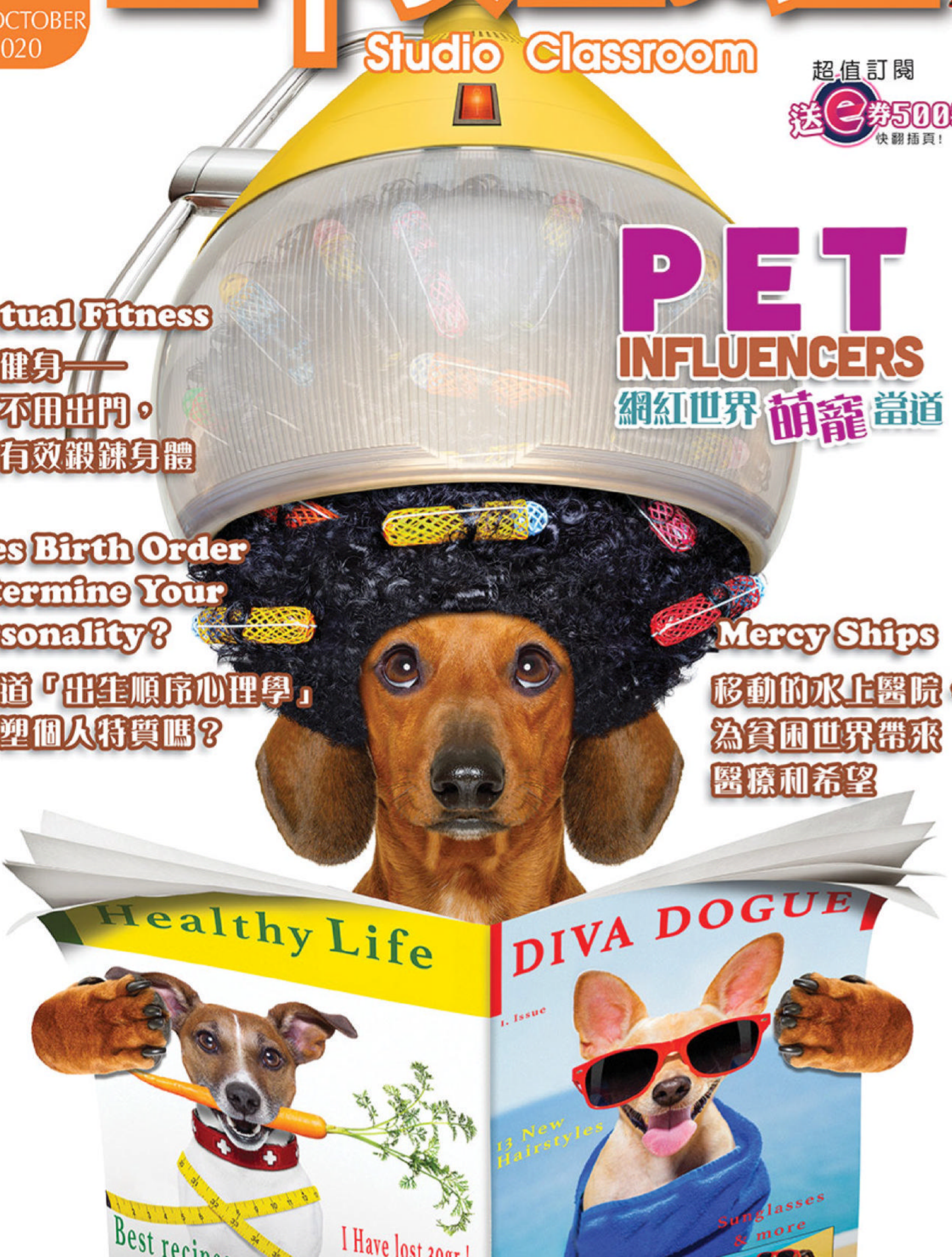
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Does Birth Order Determine Your Personality?

你知道「出生順序心理學」
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Mercy Ships

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本雜誌音標採用American Heritage Dictionary的美式發音
如字母y在雙音節或多音節單字之字尾，發音標示為[i]

Review these vocabulary words every day.

WORD BANK

Cut out these vocabulary cards.

Oct. 1, 2

associate (v)	[ə´sosi͵et]	聯想；聯繫
native (adj)	[´netɪv]	土生土長的；出生國的
zipper (n)	[´zɪpɚ]	拉鍊
fasten (v)	[´fæsən]	扣緊；繫牢
fitness (n)	[´fɪtnɪs]	健壯，健康
internet (n)	[´ɪntɚ͵nɛt]	網際網路
demonstrate (v)	[´dɛmən͵stret]	示範；說明

Oct. 2, 3; 5

involve (v)	[ɪn´vɑlv]	牽涉；包含
reputation (n)	[͵rɛpjə´teʃən]	聲望；名譽
convenience (n)	[kən´vinjəns]	方便，便利
put off (phr v)	[pʊt][ɔf]	拖延，延後
definite (adj)	[´dɛfənɪt]	確切的；肯定的
displace (v)	[dɪs´ples]	迫使…離開常居地
pungent (adj)	[´pʌndʒənt]	（氣味）刺鼻的

Oct. 5—7

asthma (n)	[´æzmə]	氣喘，哮喘
hazardous (adj)	[´hæzɚdəs]	危險的
feasible (adj)	[´fizəbəl]	可行的；做得到的
renewable (adj)	[rɪ´nuəbəl]	（能源）可再生的
spur (v)	[spɝ]	激勵；促進
sustainable (adj)	[sə´stenəbəl]	可持續的
fiancé (n)	[͵fiɑn´se]	未婚夫

Oct. 7, 8

restriction (n)	[rɪ´strɪkʃən]	限制規定
reception (n)	[rɪ´sɛpʃən]	宴會；接待會
resort (n)	[rɪ´zɔrt]	度假勝地
pitch-dark (adj)	[´pɪtʃ´dɑrk]	漆黑的
glorious (adj)	[´glɔriəs]	壯麗的；美麗的
approximately (adv)	[ə´prɑksəmɪtli]	大約，大概

Oct. 8—10

frantically (adv)	[´fræntɪkəli]	緊張忙亂地
horizon (n)	[hə´raɪzən]	地平線
loan (n)	[lon]	借款；貸款
shovel (n)	[´ʃʌvəl]	鏟子
representative (n)	[͵rɛprɪ´zɛntətɪv]	代理人；代表
merchant (n)	[´mɝtʃənt]	商人
craft (v)	[kræft]	（運用技巧）製作

Oct. 10; 12, 13

rating (n)	[´retɪŋ]	評價；等級
creativity (n)	[͵krie´tɪvɪti]	創意，創造力
solo (adj)	[´solo]	獨自的，單獨的
vital (adj)	[´vaɪtl]	必不可少的；極其重要的
toil (v)	[tɔɪl]	努力工作；苦幹
orchestra (n)	[´ɔrkɪstrə]	管弦樂隊
academy (n)	[ə´kædəmi]	專科學院；研究院

Oct. 13, 14

conductor (n)	[kən´dʌktɚ]	指揮
penetrate (v)	[´pɛnɪ͵tret]	穿透；滲入
barrier (n)	[´bæriɚ]	障礙物；屏障
affirm (v)	[ə´fɝm]	證實；確認
heighten (v)	[´haɪtn]	增強，加強
elevation (n)	[͵ɛlə´veʃən]	提升；崇高
awesome (adj)	[´ɔsəm]	了不起的；令人驚嘆的

Oct. 15, 16

resilient (adj)	[rɪ´zɪljənt]	適應性強的；有復原力的
evoke (v)	[ɪ´vok]	喚起，引起
trait (n)	[tret]	特徵，特性
abundance (n)	[ə´bʌndəns]	充足；豐富
fur (n)	[fɝ]	毛，毛皮
fashion (n)	[´fæʃən]	時裝；流行款式

Review these vocabulary words every day.

WORD BANK

Cut out these vocabulary cards

Cut out these vocabulary cards.

Oct. 8—10

* When little Bobby disappeared in the store, his parents **frantically** began looking for him.

* I love to travel, and I'm always curious to see what is over the **horizon**.

* Most people get a **loan** from the bank to buy a house.

* I need a **shovel** to dig a hole in the ground.

* I voted for Lucy to be our class **representative**.

* **Merchants** from all over the world come to this part of the city to sell things.

* I **crafted** all of these flowerpots out of plastic bottles.

Oct. 10; 12, 13

* Everyone who bought that bag gave it a good **rating**.

* Artists usually show a lot of **creativity** as children.

* This will be Kim's first **solo** flute performance.

* Exercise is **vital** to successful weight loss.

* Ages ago, many children spent long hours **toiling** in factories.

* During high school, Patti played the violin in the school **orchestra**.

* You'll need to make very good grades to be accepted into the math and science **academy**.

Oct. 13, 14

* The special guest **conductor** for last night's orchestra performance was Dr. Doris Brougham.

* His loud voice **penetrated** the silence in the classroom.

* Tricia worried that the language **barrier** would keep her from making new friends in Italy.

* Patrick **affirmed** his intention to attend Yale University next year.

* The government **heightened** tensions in the country when it closed its borders to immigrants.

* **Elevation** is an emotion that people experience sometimes when they witness acts of kindness.

* Flying a plane by yourself is an **awesome** experience you'll never forget!

Oct. 15, 16

* Jan is very **resilient** and doesn't stay upset very long even when she faces difficulties.

* Hearing of a child being abused **evokes** anger in my heart.

* Ben's sense of humor is a great **trait** because he gets people to laugh in any situation.

* David's sense of **abundance** comes from feeling grateful for what he has.

* Jessica's pet mouse has the softest white **fur**.

* Wearing Korean clothing has become a popular **fashion** in recent years.

Oct. 1, 2

* Most people **associate** pizza with Italy.

* Pineapple is **native** to South America but is now grown around the world.

* The **zipper** on Lisa's bag always breaks.

* Don't forget to **fasten** your seatbelt!

* Many people want to improve their physical **fitness**.

* Information about almost any subject is available on the **internet** for free.

* The flight attendants **demonstrated** how to use the safety features on the plane.

Oct. 2, 3; 5

* Developing any skill **involves** a lot of time and effort.

* That mechanic has a **reputation** for doing good work.

* I like the **convenience** of buying everything at the store down the road.

* Many students **put off** studying until the night before a test.

* Please give me a **definite** time and place to meet you.

* The flood **displaced** several hundred people.

* I don't like that **pungent** smell.

Oct. 5—7

* **Asthma** can make it difficult to breathe.

* Be very careful with those **hazardous** materials.

* Buying a new car isn't **feasible** for us right now.

* Water is a **renewable** energy source.

* A business tax cut is needed to **spur** economic growth.

* These men are learning **sustainable** farming practices.

* Susan and her **fiancé** talked to her parents about their wedding plans.

Oct. 7, 8

* The parking **restrictions** in my town are very strict.

* There will be a formal **reception** for all of the president's guests on Friday evening.

* The beach **resort** is frequented by the rich and famous.

* In the winter, it gets **pitch-dark** here by 6 p.m.

* After being at sea for a month, everyone cheered at the **glorious** sight of land.

* **Approximately** 500 people attended the professor's class about the planet Mars.

Studio Classroom
空中英語教室學習密碼

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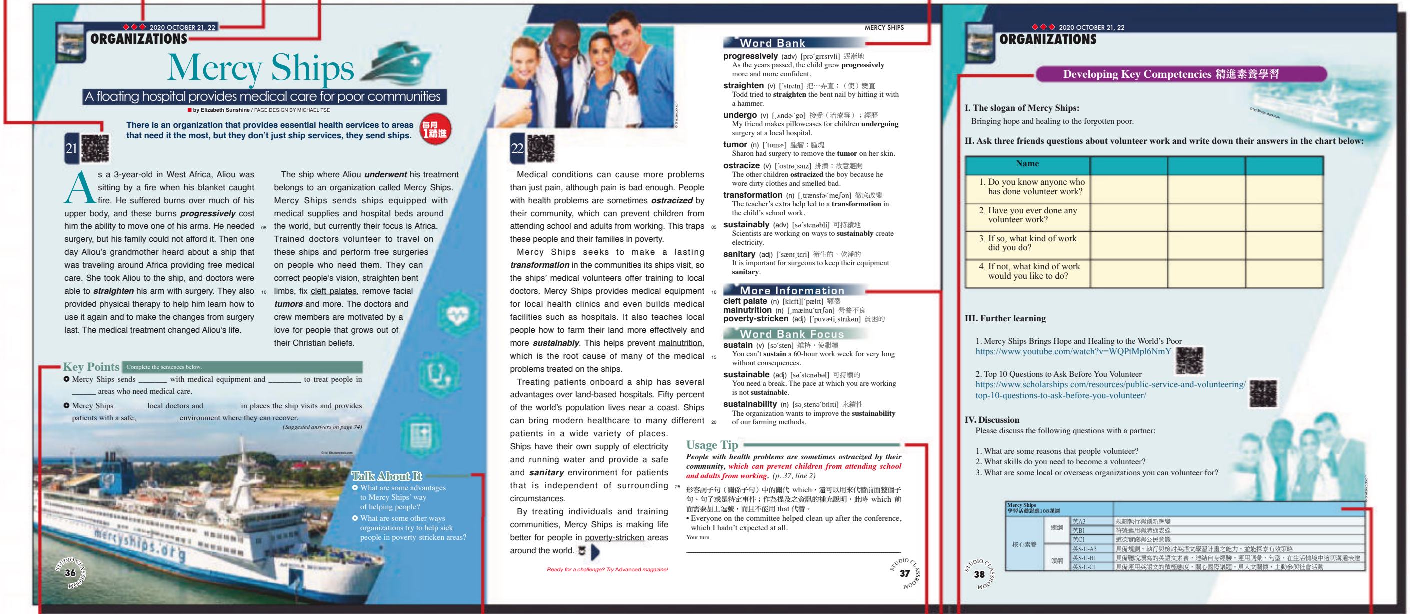
Word Bank 關鍵字庫
New vocabulary with an example sentence



◆◆◆ 2020 OCTOBER 21, 22
ORGANIZATIONS

Mercy Ships

A floating hospital provides medical care for poor communities

■ by Elizabeth Sunshine / PAGE DESIGN BY MICHAEL TSE

There is an organization that provides essential health services to areas that need it the most, but they don't just ship services, they send ships.

每月1精選

21

As a 3-year-old in West Africa, Aliou was sitting by a fire when his blanket caught fire. He suffered burns over much of his upper body, and these burns ***progressively*** cost him the ability to move one of his arms. He needed surgery, but his family could not afford it. Then one day Aliou's grandmother heard about a ship that was traveling around Africa providing free medical care. She took Aliou to the ship, and doctors were able to ***straighten*** his arm with surgery. They also provided physical therapy to help him learn how to use it again and to make the changes from surgery last. The medical treatment changed Aliou's life.

The ship where Aliou ***underwent*** his treatment belongs to an organization called Mercy Ships. Mercy Ships sends ships equipped with medical supplies and hospital beds around the world, but currently their focus is Africa. Trained doctors volunteer to travel on these ships and perform free surgeries on people who need them. They can correct people's vision, straighten bent limbs, fix cleft palates, remove facial ***tumors*** and more. The doctors and crew members are motivated by a love for people that grows out of their Christian beliefs.

22

Medical conditions can cause more problems than just pain, although pain is bad enough. People with health problems are sometimes ***ostracized*** by their community, which can prevent children from attending school and adults from working. This traps these people and their families in poverty.

Mercy Ships seeks to make a lasting ***transformation*** in the communities its ships visit, so the ships' medical volunteers offer training to local doctors. Mercy Ships provides medical equipment for local health clinics and even builds medical facilities such as hospitals. It also teaches local people how to farm their land more effectively and more ***sustainably***. This helps prevent malnutrition, which is the root cause of many of the medical problems treated on the ships.

Treating patients onboard a ship has several advantages over land-based hospitals. Fifty percent of the world's population lives near a coast. Ships can bring modern healthcare to many different patients in a wide variety of places. Ships have their own supply of electricity and running water and provide a safe and ***sanitary*** environment for patients that is independent of surrounding circumstances.

By treating individuals and training communities, Mercy Ships is making life better for people in poverty-stricken areas around the world.

Ready for a challenge? Try Advanced magazine!

Key Points Complete the sentences below.

- Mercy Ships sends _______ with medical equipment and ________ to treat people in ______ areas who need medical care.
- Mercy Ships _______ local doctors and ________ in places the ship visits and provides patients with a safe, __________ environment where they can recover.

(Suggested answers on page 74)

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Talk About It

- What are some advantages to Mercy Ships' way of helping people?
- What are some other ways organizations try to help sick people in poverty-stricken areas?

36

MERCY SHIPS

Word Bank

progressively (adv) [prəˊgrɛsɪvli] 逐漸地
As the years passed, the child grew **progressively** more and more confident.

straighten (v) [ˊstretn] 把…弄直；（使）變直
Todd tried to **straighten** the bent nail by hitting it with a hammer.

undergo (v) [ˏʌndɚˊgo] 接受（治療等）；經歷
My friend makes pillowcases for children **undergoing** surgery at a local hospital.

tumor (n) [ˊtumɚ] 腫瘤；腫塊
Sharon had surgery to remove the **tumor** on her skin.

ostracize (v) [ˊɑstrəˏsaɪz] 排擠；故意避開
The other children **ostracized** the boy because he wore dirty clothes and smelled bad.

transformation (n) [ˏtrænsfɚˊmeʃən] 徹底改變
The teacher's extra help led to a **transformation** in the child's school work.

sustainably (adv) [səˊstenəbli] 可持續地
Scientists are working on ways to **sustainably** create electricity.

sanitary (adj) [ˊsænɪˏtɛri] 衛生的，乾淨的
It is important for surgeons to keep their equipment **sanitary**.

More Information

cleft palate (n) [klɛft][ˊpælɪt] 顎裂
malnutrition (n) [ˏmælnuˊtrɪʃən] 營養不良
poverty-stricken (adj) [ˊpɑvɚtiˏstrɪkən] 貧困的

Word Bank Focus

sustain (v) [səˊsten] 維持，使繼續
You can't **sustain** a 60-hour work week for very long without consequences.

sustainable (adj) [səˊstenəbəl] 可持續的
You need a break. The pace at which you are working is not **sustainable**.

sustainability (n) [səˏstenəˊbɪlɪti] 永續性
The organization wants to improve the **sustainability** of our farming methods.

Usage Tip

People with health problems are sometimes ostracized by their community, which can prevent children from attending school and adults from working. *(p. 37, line 2)*

形容詞子句（關係子句）中的關代 which，還可以用來代替前面整個子句、句子或是特定事件；作為提及之資訊的補充說明，此時 which 前面需要加上逗號，而且不能用 that 代替。

- Everyone on the committee helped clean up after the conference, which I hadn't expected at all.

Your turn

____

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◆◆◆ 2020 OCTOBER 21, 22
ORGANIZATIONS

Developing Key Competencies 精進素養學習

I. The slogan of Mercy Ships:
Bringing hope and healing to the forgotten poor.

II. Ask three friends questions about volunteer work and write down their answers in the chart below:

Name			
1. Do you know anyone who has done volunteer work?			
2. Have you ever done any volunteer work?			
3. If so, what kind of work did you do?			
4. If not, what kind of work would you like to do?			

III. Further learning

1. Mercy Ships Brings Hope and Healing to the World's Poor
https://www.youtube.com/watch?v=WQPtMpl6NmY

2. Top 10 Questions to Ask Before You Volunteer
https://www.scholarships.com/resources/public-service-and-volunteering/top-10-questions-to-ask-before-you-volunteer/

IV. Discussion
Please discuss the following questions with a partner:

1. What are some reasons that people volunteer?
2. What skills do you need to become a volunteer?
3. What are some local or overseas organizations you can volunteer for?

Mercy Ships 學習活動對應108課綱			
核心素養	總綱	英A3	規劃執行與創新應變
		英B1	符號運用與溝通表達
		英C1	道德實踐與公民意識
	領綱	英S-U-A3	具備規劃、執行與檢討英語文學習計畫之能力，並能探索有效策略
		英S-U-B1	具備聽說讀寫的英語文素養，連結自身經驗，運用詞彙、句型，在生活情境中適切溝通表達
		英S-U-C1	具備運用英語文的積極態度，關心國際議題，具人文關懷，主動參與社會活動

38

Key Points 課文要點
Write the main ideas of the article by using the information given.

Usage Tip 語文教室
Language usages, grammar tips, sentence structures

Developing Key Competencies 精進素養學習
Develop critical thinking skills and apply practical knowledge to everyday life

Competencies Index 核心素養項目對應表
Core competencies acquired from this activity in correspondence with the index

Talk About It 延伸活動
Discuss these questions about the article with your friends

More Information 重點資訊
Special words/phrases needed to understand the article

STUDY TIPS 學習密碼

Before the program:
1. First, read the English text aloud to yourself.
2. If necessary, read the Chinese translation.
3. Underline words you don't know. Try to guess the meaning of the words.
4. Find the problem areas.

During the program:
1. Read along with the teacher.
2. Listen to the English teaching.
3. Don't try to understand every word. Listen for the main idea.
4. Repeat words and phrases aloud.

After the program:
1. Check the words you underlined in the dictionary.
2. Read the day's lesson again aloud to yourself.
3. Plan a time to listen to it again.

■本雜誌字彙分級乃依據高中英文參考字彙表

References
- **The Associated Press Stylebook**
- **American Heritage Dictionary**
- **Cambridge Dictionary**
- **The Chicago Manual of Style, 15th edition**
- **Garner's Modern American Usage**

詞性縮寫代號
adj – adjective 形容詞
adv – adverb 副詞
conj – conjunction 連接詞
idiom 片語；慣用語
n – noun 名詞
pl n – plural noun 複數名詞
prep – preposition 介系詞
phr v – phrasal verb 片語動詞
saying 諺語
v – verb 動詞
interj – interjection 感嘆詞
phrase 片語

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MULTIMEDIA Broadcast

教學節目時間表

- ■ 因本雜誌於9月初印刷發行，播出頻道及時間若有異動，請以各電台10月份節目時間表為準。
- ■ 本雜誌備有「SUPER光碟」(含全月廣播教學)，每月一片歡迎訂閱。

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電視時間表

國內

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  公用頻道(第3台) 07:30 / 09:30 / 20:30
  台中資訊頻道(第20台) 11:00
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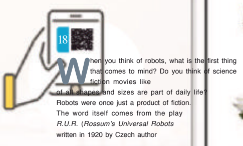

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R.U.R. (*Rossum's Universal Robots*
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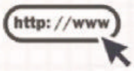

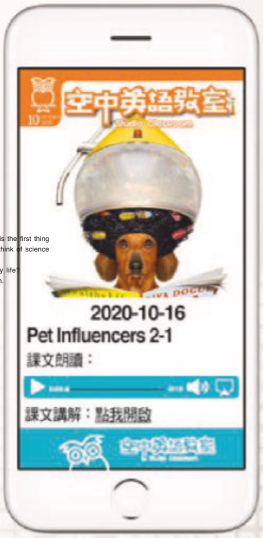

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- 時間：上午 9:30~12:30
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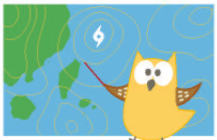

Studio Classroom Reading Levels:

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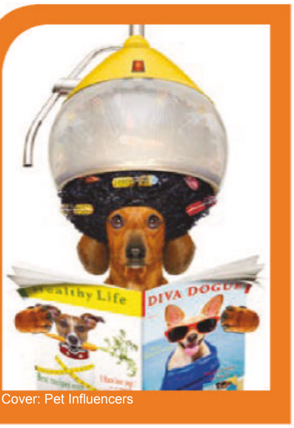
108課綱核心素養

OCTOBER 2020



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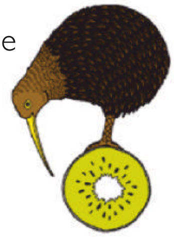
WHY DO WE SAY IT?

Stories behind the words we use

詞彙濫觴

一些尋常字詞背後的源起故事



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Working out while staying in

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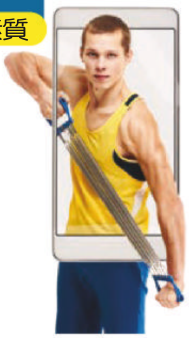
不出門也能鍛鍊身體



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A better quality of living through Green Chemistry

地球人都應該知道綠色化學

綠色化學帶來更好的居家生活品質

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A trip to Asia is always an adventure

婚禮大冒險

亞洲之旅是一場意想不到的驚喜歷險

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集合啦！動物森友會

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DAME EVELYN GLENNIE: THE WORLD'S FIRST SOLO PERCUSSIONIST

This award-winning musician provides inspiration through her special performances

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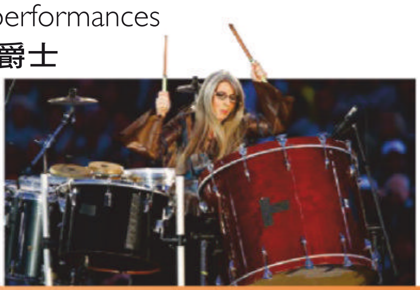
用音樂教世界如何傾聽



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SEVEN HABITS OF THE HAPPIEST PEOPLE

According to research, these practices are good for your health and for business

快樂的人都有好習慣

這七個習慣對你的健康、事業都大有助益

Forgive yourself and others

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萌寵網紅

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每月1精進

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慈善船組織

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mercyships.org

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就是愛拍照

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Mirroring is a conversational technique that establishes rapport, helps others open up and lets you get past the canned responses

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這種談話技巧能建立融洽關係、助人敞開心胸、讓人不再制式回應

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深入探索——厄瓜多

流連拉丁美洲歷史文化與自然生態交錯之美

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Say It in English

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1. Ordering Breakfast in America

A: Hi, what would you like to order?
B: I'd like the blueberry pancakes.
A: Would you like any sides?
B: Yes, I'd like a side of sausage.
A: What would you like?
C: I'd like a mushroom omelet. Does it come with toast?
A: Yes, it comes with two pieces of toast and your choice of potatoes.
C: Do you have whole wheat toast?
A: Yes.
C: I'd like whole wheat toast. What kind of potatoes do you have?
A: Hash browns, fries and potato wedges.
C: I'll have the hash browns, thanks.
A: OK, so that's one order of blueberry pancakes with a side of sausage for you. And one order of the mushroom omelet with whole wheat toast and hash browns.
C: That's correct, thank you.

空中英語教室
YouTube頻道
掃描 QR Code
“開口說英語”

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2. Ordering Food at a Drive-Thru

(Joan is at a drive-thru ordering food.)

A: Hi, how can I help you?
B: I'd like a double cheeseburger with no sauce and no pickles, one extra-large fries and a Diet Coke.
A: Anything else?
B: No, that's all.
A: The total is $6.99.
B: Here you go.
A: Thank you.
B: Thank you.

(Three minutes later, at the food pick-up window.)

A: Here you go.
B: Alright. Thank you.

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ORDERING FOOD

3. Food Delivery Apps

A: It's raining heavily outside. Let's order in.
B: That's a good idea.
A: But we'll have to wait about 25 minutes to get our food.
B: That's OK. I can wait.
A: What do you feel like eating?
B: How about Thai food?
A: Sure. There's a Thai restaurant on my food delivery app. It'll take about 30 minutes to get here.
B: That's fine. I'd rather wait then venture out in the rain.
A: Agreed. Hmm ... Do you order via food delivery apps often?
B: I do. I don't cook, so when the weather is lousy like today, I usually just order in.
A: I can understand. Food delivery apps are so convenient on days like this.
B: Very!

4. Ordering Drinks

A: Would you like a drink?
B: Sure, I'd like a Diet Coke.
A: I'm sorry, sir. We ran out of Diet Coke. Would a regular Coke be OK?
B: I guess so.
A: What would you like, sir?
C: Do you have any smoothies today?
A: Yes, we do. We have mango, passionfruit and strawberry smoothies.
C: I'd like a mango smoothie.
A: Sure thing. Would you like any appetizers to start?
B: It's OK. We're waiting for our friends. We'll order more when they arrive.
A: OK. I'll be right back with your drinks.

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Newsworthy

Facebook Buys Animated Image Library Giphy to Boost Messaging

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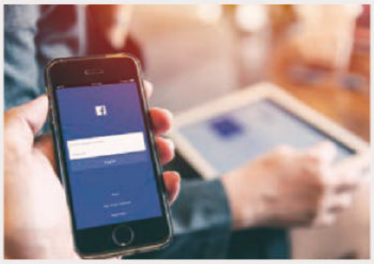
Facebook Inc. said it bought Giphy, a library of animated images known as GIFs that can be attached to messages to express emotion.

Giphy will join the Instagram group within Facebook, and the social giant has extended offers to more than 100 Giphy employees, a spokesperson said.

The acquisition price was $400 million, according to Axios, which first reported the deal. A Facebook spokesperson declined to comment on terms of the transaction.

Facebook already offers Giphy's GIF library in its messaging products but said owning the service outright would make it "easier for people to find the perfect GIFs and stickers" in Stories and direct messages. About 50 percent of Giphy's traffic already comes from the Facebook family of apps, and half of that from Instagram alone, according to the announcement.

Facebook Chief Executive Officer Mark Zuckerberg has made private messaging a priority in recent years and eventually plans to enable messaging between all of Facebook's services, including WhatsApp, Messenger and Instagram. The company has also spent a lot of time and money trying to encourage its almost 3 billion users to share more often with features like face filters and stickers.



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From the Editor

Dear Readers,

Thank you for joining *Studio Classroom* this month. October is the month for harvest in many parts of the world. That means cooler weather and festivals with delicious food. If eating good food means you want to get in a little bit of extra exercise, check out this month's health article. It talks about the pros and cons of doing virtual fitness classes at home. If you're the type of person that likes to share pictures of delicious food on social media, check out our "Bugged by Shutterbugs" article. It discusses some things to consider if you are taking pictures of your friends while trying to become an influencer on social media. In our "Pet Influencers" article we feature some of the best social media influencers on the internet – who aren't people! And for anyone who needs inspiration, don't miss our profile article. This month, we bring you the story of Dame Evelyn Glennie. Her story is an inspiration for anyone who has to face obstacles. We hope you enjoy our articles this month.

Your Friend for Life,

The problem for the writer and editor is that the authorities do not agree on every particular, and it becomes necessary to make judgments based on one's own tastes and experience of the language. In effect, each of us must become his or her own usage authority, because there is no universally accepted central authority on English grammar and usage. From *The Writer* magazine, *Off the Cuff* by John McIntrye

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Why Do We Say It?

Stories behind the words we use

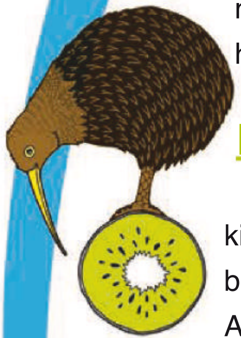
by Manya Cramer
PAGE DESIGN BY MICHAEL TSE

Key Point

- Things get their names in different ways.

1

How do things get their names? That is not always an easy question to answer. There are many different ways. But let's look at how two things got their names.

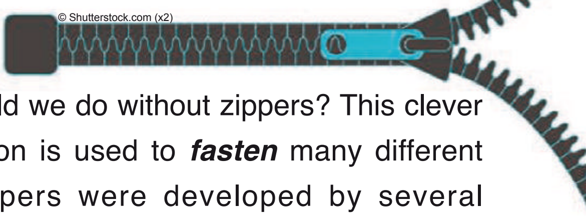


Kiwi

Many people ***associate*** kiwifruit – or kiwi – with New Zealand. But the fuzzy brown fruit is actually ***native*** to China. A teacher from New Zealand took it home from China in 1904. Then in 1959, a New Zealand company named Turners & Growers wanted to ship the fruit abroad. They named it "kiwi" after their fuzzy brown national bird. By the 1970s, everyone was calling the fruit by that name.

Fun Facts

- Kiwifruit used to be called the Chinese gooseberry.
- China is the top producer of kiwifruit.
- The word "zipper" comes from the sound it makes when it opens or closes.
- Ninety percent of zippers are produced by a Japanese company called YKK.



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Zipper

What would we do without zippers? This clever little invention is used to ***fasten*** many different things. Zippers were developed by several people over many years starting in 1851. During this time the device had a number of names. Finally in 1923, B.F. Goodrich Company named it a "zipper" and trademarked it. However, the company lost its trademark in 1930 when zipper became popular as a general term.

Word Bank

associate (v) [ə´sosi͵et] 聯想；聯繫
Most people **associate** pizza with Italy.

native (adj) [´netɪv] 土生土長的；出生國的
Pineapple is **native** to South America but is now grown around the world.

zipper (n) [´zɪpɚ] 拉鍊
The **zipper** on Lisa's bag always breaks.

fasten (v) [´fæsən] 扣緊；繫牢
Don't forget to **fasten** your seatbelt!

More Information

kiwi	(n)	[´kiwi]	奇異果
fuzzy	(adj)	[´fʌzi]	毛茸茸的
trademark	(v)	[´tred͵mɑrk]	商標

Word Bank Focus

associate (n) [ə´sosiɪt] 同事；（生意）夥伴
Ned and Jane are my **associates** at the company.

association (n) [ə͵sosi´eʃən] 協會；聯盟
He is a member of the **association**.

Usage Tip

What would we do without zippers? *(p. 12, line 2)*

這裡運用「設問」的寫作修辭技巧；意指不直述，而以提問帶出重點的筆法。設問手法之目的在於聚焦讀者注意力於即將要討論的主題，倒並不一定要讀者作出回答。

- Why is this happening to me?

Your turn

Talk About It

- What fruit do you associate with other countries? Why?
  - *I associate … with … because …*
- If you could give zippers another name, what would you call it?
  - *I would call zippers …*

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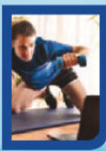

Virtual Fitness

Working out while staying in

by Elizabeth Sunshine / PAGE DESIGN BY ANGELA CHANG

2

Exercise plays a very important role in a healthy lifestyle. But you may not have time or money to go to a gym on a regular basis. The good news is that today's technology lets you access fitness classes from the comfort of your home.

A quick ***internet*** search will turn up thousands of online fitness classes. These classes let you listen to instructions and watch trainers ***demonstrate*** how to do exercises. You can watch videos on your phone, computer or tablet and do the exercises right where you are. All you need is an internet connection and a space large enough to move around in.

Online fitness classes take a wide variety of forms. Some focus on stretches and slow movements. Other classes ***involve*** fast aerobic activity, while others build muscle strength. Some require equipment such as weights, but others use only your body. This means that you can choose a class that does what you like. And you can try a different one whenever you like.

Some virtual fitness classes require a membership fee, but some are completely free.

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Talk About It

- Have you ever tried online fitness classes? If so, how were they? If not, would you like to?
- What are some good things and bad things about virtual fitness?

HOME FITNESS APP
SQUAT

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3

Anyone can post a fitness video on the internet. Not everyone knows what they are doing. So it is important to think about who is teaching the class. Try to find teachers who are certified by an organization with a good ***reputation***.

I tried some virtual fitness classes several years ago. The reason was simple: ***convenience***. I could do a fitness class at any time of day. I didn't need to travel to a gym and back, which saved me a lot of time. But being able to work out any time meant I kept ***putting*** it ***off***. I'd do everything else first and then the day would be over. I'd never actually get around to exercising. Having to exercise at a ***definite*** time means I have to put it on my schedule. So for me, scheduled classes such as those at a gym are helpful.

But if the gym isn't for you, you may want to give an online fitness class a try. They're convenient, they're private, and you may even discover a new form of exercise that you enjoy.

Usage Tip

I'd never actually get around to exercising. *(p. 15, line 12)*

慣用語 get around to something 意指「找出時間或機會來做某事」；本句承接上文表達由於虛擬健身不需出門，反而導致在家干擾太多，而無法找出時間或機會健身。

- My husband and I finally got around to visiting the new art museum last weekend.

Your turn

____

____

Key Points

Unscramble the sentences to find the key points.

of exercises/without/online videos/different kinds/classes/can involve/with or/equipment/of fitness ● ____

____

____.

classes/still have to/offer a/convenient and/them/online fitness/are/variety of/but you/make time/exercises,/to do

● ______________________________________

____.

(Suggested answers on page 74)

Word Bank

fitness (n) [´fɪtnɪs] 健壯，健康
Many people want to improve their physical **fitness**.

internet (n) [´ɪntɚ͵nɛt] 網際網路
Information about almost any subject is available on the **internet** for free.

demonstrate (v) [´dɛmən͵stret] 示範；說明
The flight attendants **demonstrated** how to use the safety features on the plane.

involve (v) [ɪn´vɑlv] 牽涉；包含
Developing any skill **involves** a lot of time and effort.

reputation (n) [͵rɛpjə´teʃən] 聲望；名譽
That mechanic has a **reputation** for doing good work.

convenience (n) [kən´vinjəns] 方便，便利
I like the **convenience** of buying everything at the store down the road.

put off (phr v) [pʊt][ɔf] 拖延，延後
Many students **put off** studying until the night before a test.

definite (adj) [´dɛfənɪt] 確切的；肯定的
Please give me a **definite** time and place to meet you.

More Information

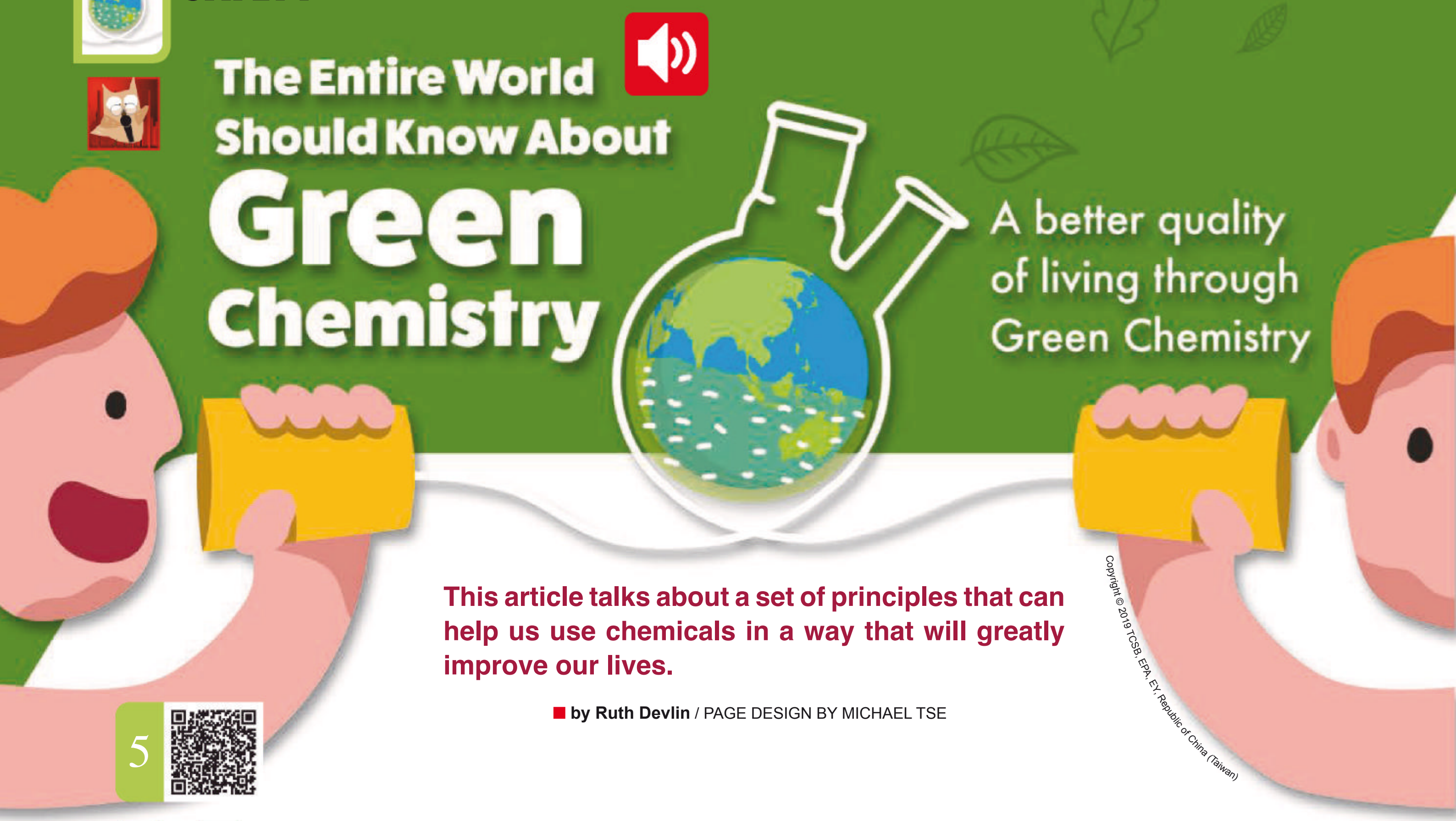
virtual (adj) [´vɝtʃuəl] 虛擬的
online (adj) [´ɑn´laɪn] 在線的，網上的
aerobic (adj) [ɛ´robɪk] 有氧的
certify (v) [´sɝtə͵faɪ] 證明，證實

Word Bank Focus

demonstration (n) [͵dɛmən´streʃən] 示範
The cooking show included a **demonstration** on making cookies.

demonstrative (adj) [dɪ´mɑnstrətɪv] 說明性的
She told the story quickly with **demonstrative** hand motions.

The Entire World Should Know About Green Chemistry



A better quality of living through Green Chemistry

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This article talks about a set of principles that can help us use chemicals in a way that will greatly improve our lives.

5

by Ruth Devlin / PAGE DESIGN BY MICHAEL TSE

Most people don't think too much about chemicals, but actually they are all around us. Many substances consist of chemicals, including the air that we breathe and the water that we drink. Some chemicals are natural, but most of them are artificial and may be harmful to the human body.

In 2005, Hurricane Katrina struck the United States and destroyed hundreds of thousands of homes, so ***displaced*** people had to move into temporary housing. Later, some of them began experiencing headaches and nosebleeds due to formaldehyde exposure. This ***pungent*** chemical is commonly found in the glue that holds many household products and pressed wood furniture together. It has been classified as a carcinogen since 2011 and has been linked to an increase in ***asthma*** and allergies in children. It has also been regulated as a toxic chemical by the Environmental Protection Administration in Taiwan.

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Talk About It

- What chemicals do you use in your home?
- What can you do to decrease pollution?

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Toxic and Chemical Substances Bureau,
Environmental Protection Administration Executive Yuan, R.O.C (Taiwan)

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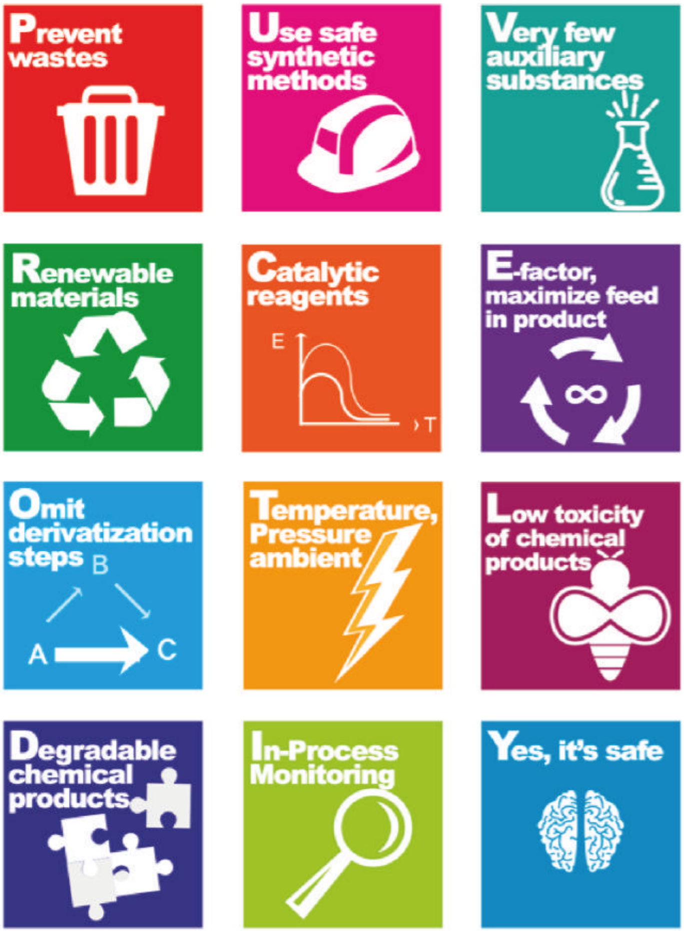
However, there is another choice: natural adhesives. In particular, ones made from soy proteins that have been modified to resemble the protein some shellfish use to stick to rocks. A natural adhesive is now widely used in composite wood products in the U.S. Other companies are also developing more natural alternatives to ***hazardous*** industrial chemicals. This is a part of the Green Chemistry philosophy.

6

Green Chemistry is a way of rethinking how to develop products and processes that are more environmentally friendly, better for people's health and yet are economically ***feasible***. That includes reducing processing waste, using ***renewable*** materials and lessening the energy required to manufacture products. The 12 Principles of Green Chemistry lay out the goals of this approach to chemical research and the chemical industry. The first is prevention. It is better to prevent waste than to treat it or clean it up. Another principle encourages less hazardous chemical synthesis.

THE 12 PRINCIPLES OF GREEN CHEMISTRY

The principles form the acronym **PRODUCTIVELY**


Prevent wastes
Use safe synthetic methods
Very few auxiliary substances
Renewable materials
Catalytic reagents
E
T
E-factor, maximize feed in product
∞
Omit derivatization steps
B
A
C
Temperature, Pressure ambient
Low toxicity of chemical products
Degradable chemical products
In-Process Monitoring
Yes, it's safe

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http://topic.epa.gov.tw/greenchem/mp-1.html

Usage Tip

The 12 Principles of Green Chemistry lay out the goals of this approach to chemical research and the chemical industry. *(p. 17, line 16)*

片語動詞 lay out something 有「攤開，排列；（大把）花（錢）」等含意，不過在這裡則是指「清楚地解釋」；通常表示以書寫的方式對某事進行闡釋。

- This job description is laid out in the personnel guide.

Your turn

____

____

SAFETY

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Chemical reactions should be designed to be as safe as possible. Energy efficiency is encouraged as well as using chemicals made from renewable plant-based sources rather than petrochemical ones. Attention also needs to be paid to monitoring pollution in real time and choosing and developing chemical procedures that are safer and that minimize the risk of accidents.

There are challenges in meeting and holding to the principles of Green Chemistry, but this will ***spur*** new research and inspire the discovery of new chemistry. Green Chemistry can decrease pollution and increase the ***sustainable*** development of the earth, thus improving the quality of life for humans and animals for years to come.

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Word Bank

displace (v) [dɪs´ples] 迫使…離開常居地
The flood **displaced** several hundred people.

pungent (adj) [´pʌndʒənt] （氣味）刺鼻的
I don’t like that **pungent** smell.

asthma (n) [´æzmə] 氣喘，哮喘
Asthma can make it difficult to breathe.

hazardous (adj) [´hæzɚdəs] 危險的
Be very careful with those **hazardous** materials.

feasible (adj) [´fizəbəl] 可行的；做得到的
Buying a new car isn’t **feasible** for us right now.

renewable (adj) [rɪ´nuəbəl] （能源）可再生的
Water is a **renewable** energy source.

spur (v) [spɝ] 激勵；促進
A business tax cut is needed to **spur** economic growth.

sustainable (adj) [sə´stenəbəl] 可持續的
These men are learning **sustainable** farming practices.

More Information

formaldehyde (n) [fɔr´mældə͵haɪd] 甲醛
carcinogen (n) [kɑr´sɪnədʒən] 致癌物質
adhesive (n) [æd´hisɪv] 黏著劑
composite (n) [kəm´pɑzɪt] 複合材料
synthesis (n) [´sɪnθɪsɪs] 合成
petrochemical (n) [͵pɛtro´kɛmɪkəl] 石油化學製品

Word Bank Focus

renew (v) [rɪ´nu] 重新開始
There is nothing so special as the chance to **renew** an old friendship.

renewal (n) [rɪ´nuəl] 更新
The contract **renewal** will be based on several factors.

Key Points

Complete the sentences below.

- Most chemicals are ________ and may be ________ to the human body.
- Green Chemistry can decrease __________ and increase the sustainable ____________ of the earth.

(Suggested answers on page 74)

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A WEDDING ADVENTURE

A TRIP TO ASIA IS ALWAYS AN ADVENTURE

by Linda Ludwig / PAGE DESIGN BY MICHAEL TSE

Our adventure started in March 2019 when our daughter got engaged. She and her then ***fiancé*** live in Chicago but grew up in Asia, so a destination wedding in Phuket sounded perfect.

Fast forward a year. The wedding arrangements were set, but then the coronavirus started affecting everything. Travel ***restrictions*** and quarantines began in some countries, so some guests had to cancel. But we pressed ahead and took off for Thailand.

The pre-wedding activities were fun, and the wedding and ***reception*** were beautiful. But our adventure had only just begun!

Usage Tip

But we pressed ahead and took off for Thailand.
(p. 20, line 11)

片語動詞 press ahead 有「（不顧困難）繼續進行」之意；常用於表達意志堅定、不畏阻礙，用法同於 press on。

- The committee pressed ahead with their plans for the conference even though their main speaker became very ill.

Your turn

____

____

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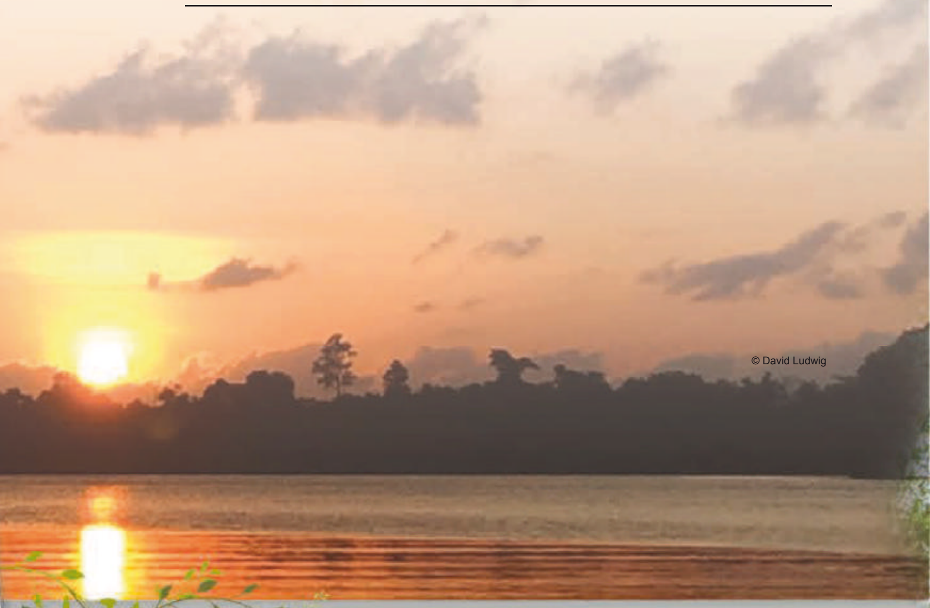
The bride's family at a beach wedding in Phuket



© David Ludwig

proboscis monkey

© David Ludwig (x3)

On the Kinabatangan River

LAND BELOW THE WIND

The morning after the wedding, my husband and I took off for the northeast coast of Borneo. We flew to the town of Sandakan, a gateway to wildlife adventures.

Our destination was the Kinabatangan Wetlands ***Resort*** on the Kinabatangan River. This area, an hour by boat from Sandakan, is one of Malaysia's most important wildlife refuges. As we cruised along the riverbank our first afternoon, we observed an orangutan building a treetop nest. Next we caught sight of proboscis monkeys swinging from trees. We also spotted red and silver langurs and watched kingfishers dive for fish.

After dinner eight guests, plus our guide and boatman, boarded the boat again – the night was ***pitch-dark***. We started down a tributary to the river. Suddenly, a wiggly snake dropped into the water from overhanging branches and then jumped into our boat! It quickly jumped out again to our great relief! When we reached the mouth of the river, the red eyes of crocodiles greeted us. That creepy sight shook everyone up! But when we rounded a bend in the river, we saw mango trees lit up like Christmas trees from fireflies. A ***glorious*** scene!

Land Below the Wind is the nickname for Sabah, Malaysia, on the island of Borneo where Sandakan is located. The state lies below the typhoon belt so it never gets typhoons.

Talk About It

- What is the most exciting vacation you have ever taken? Why?
- Would you like to go on a wildlife adventure? Explain.

kingfisher

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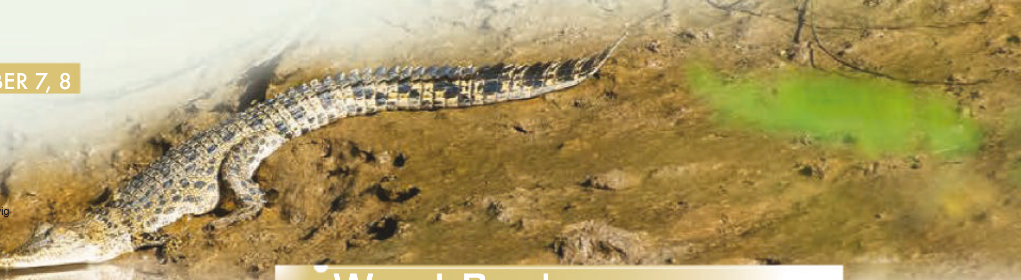
orangutan



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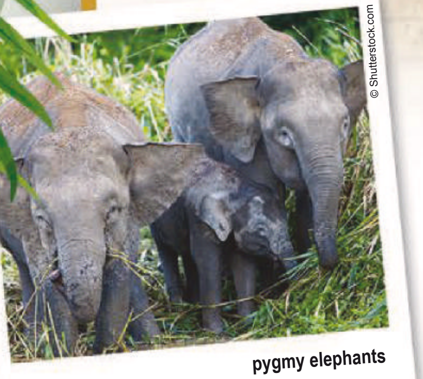
baby crocodile



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pygmy elephants

The next morning found us once again in a boat. To our delight, ***approximately*** 40 pygmy elephants paraded by. We couldn't believe our luck as the elephants only frequent that area once a year. Boating back to the resort, we spied otters, baby crocodiles, monkeys and much, much more.

Upon our return to Sandakan, we learned that everything in Malaysia was shutting down and numerous flights were being cancelled. So everyone ***frantically*** began making new travel arrangements. After a few tense days, we made it home.

It was an adventure for the ages!

Key Points

Unscramble the sentences to find the key points.

travel restrictions,/didn't know/happen/as more/we/countries added/trip in Borneo/but we/with a/what would/wedding in/Thailand/and a/wildlife adventure/pressed ahead ⊙ ________________________________

____

____.

the day,/our trip was filled/way home/making our/with/wildlife sightings/the exciting adventure/at night and during/both/but frantically/was also/part of ⊙ __________

____

____.

(Suggested answers on page 74)

Word Bank

fiancé (n) [ˏfiɑn´se] 未婚夫
Susan and her **fiancé** talked to her parents about their wedding plans.

restriction (n) [rɪ´strɪkʃən] 限制規定
The parking **restrictions** in my town are very strict.

reception (n) [rɪ´sɛpʃən] 宴會；接待會
There will be a formal **reception** for all of the president's guests on Friday evening.

resort (n) [rɪ´zɔrt] 度假勝地
The beach **resort** is frequented by the rich and famous.

pitch-dark (adj) [´pɪtʃ´dɑrk] 漆黑的
In the winter, it gets **pitch-dark** here by 6 p.m.

glorious (adj) [´glɔriəs] 壯麗的；美麗的
After being at sea for a month, everyone cheered at the **glorious** sight of land.

approximately (adv) [ə´prɑksəmɪtli] 大約，大概
Approximately 500 people attended the professor's class about the planet Mars.

frantically (adv) [´fræntɪkəli] 緊張忙亂地
When little Bobby disappeared in the store, his parents **frantically** began looking for him.

More Information

coronavirus (n) [kə´ronəˏvaɪrəs] 冠狀病毒
quarantine (n) [´kwɔrənˏtin] 隔離檢疫期
tributary (n) [´trɪbjəˏtɛri] 支流
wiggly (adj) [´wɪgli] 扭動的

Word Bank Focus

restrict (v) [rɪ´strɪkt] 限制；約束
Martha's mother **restricted** her activities after Martha's grades began to slip.

restrictive (adj) [rɪ´strɪktɪv] 限制性的；約束性的
Frankie changed schools because he felt his previous school's rules were too **restrictive**.

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Father and bride walking down the aisle

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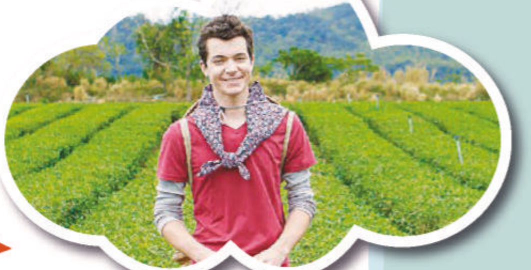

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Nintendo's Animal Crossing: New Horizons

Press A to get your own island

■ by Joshua D. Bickle / PAGE DESIGN BY MICHAEL TSE

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This past spring Nintendo released a new version of its popular *Animal Crossing* game. It was an instant hit. People loved the open-ended game play. They also loved the chance to share their in-game work with friends. It was perfect for people stuck at home because of the coronavirus.

The game begins with a ***loan*** from Tom Nook, owner of Nook, Inc. He wants your help exploring a deserted island. The loan covers your trip to the island and a few basic things to use there. Once you arrive, you must make your own equipment such as ***shovels***, fishing poles and ladders. Then you can go fishing, catch bugs, collect fruit and explore. Everything you find you can sell to Tom Nook. Within a few days, you should have earned enough to pay back the loan.

Tom Nook decides that you are just the person to help develop the island. He gives you a bigger loan to build a house. You become the island ***representative*** in charge of making all the decisions.

Usage Tip

People loved the open-ended game play. *(p. 24, line 3)*

形容詞 open-ended 有「無結論的；未預作安排的」等含意；常用於形容一項活動或一局勢沒有預設結局或限定發展。

- This invitation is not open-ended; you must make plans to attend by the end of the year.

Your turn

____

____

Key Points

- *Animal Crossing: New Horizons* was a big hit for people who loved open-ended game play that they could share with their friends.
- The game doesn't end when you win it, because there is no "winning" the game.

Animal Crossing
New Horizons
© (e) Shutterstock.com

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Animal Crossing: New Horizons happens in real time. When the sun sets in real life, night falls in the game world. One ***merchant*** in the game only comes by on Sunday mornings. You have to play on Sundays if you want to buy from her. Not everything is exactly like real life, however. If you plant a fruit tree, for example, it only takes a few days to grow.

Players spend a lot of time gathering materials such as rocks and iron. They even visit other islands to find more. Gathering so much is all about ***crafting*** new things to use on your island. You can show off your best things to your friends when they visit. Anyone with your island code can come to see your island!

There's no way to win the game. But having a cool island design will get you a five-star ***rating***. For people who love showing off their ***creativity***, that's a big deal. And people will put many hours, even months, into getting that final star.

Talk About It

- Why do you think that so many people like *Animal Crossing: New Horizons*?
  - *I think so many people like it because ...*
- What kind of game do you enjoy more: one that you can win, or one that you can keep playing forever? Why?
  - *I enjoy games that ... because ...*

Word Bank

horizon (n) [həˊraɪzən] 地平線
I love to travel, and I'm always curious to see what is over the **horizon**.

loan (n) [lon] 借款；貸款
Most people get a **loan** from the bank to buy a house.

shovel (n) [ˊʃʌvəl] 鏟子
I need a **shovel** to dig a hole in the ground.

representative (n) [ˌrɛprɪˊzɛntətɪv] 代理人；代表
I voted for Lucy to be our class **representative**.

merchant (n) [ˊmɝtʃənt] 商人
Merchants from all over the world come to this part of the city to sell things.

craft (v) [kræft] （運用技巧）製作
I **crafted** all of these flowerpots out of plastic bottles.

rating (n) [ˊretɪŋ] 評價；等級
Everyone who bought that bag gave it a good **rating**.

creativity (n) [krieˊtɪvɪti] 創意，創造力
Artists usually show a lot of **creativity** as children.

More Information

crossing (n) [ˊkrɔsɪŋ] 跨海旅程；交叉點
version (n) [ˊvɝʒən] 版本
deserted (adj) [dɪˊzɝtɪd] 荒蕪的；空無一人的

Word Bank Focus

create (v) [kriˊet] 創造；創作
I used paper and glue to **create** a toy boat.

creative (adj) [kriˊetɪv] 有創意的
We try to help students find **creative** ways to solve problems.

New Horizons
Welcome to
Animal Crossing

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© TOP PHOTO

Dame Evelyn Glennie: The World's First Solo Percussionist

This award-winning musician provides inspiration through her special performances

by Pamela Osment / PAGE DESIGN BY ANGELA CHANG

12

Kids love percussion instruments and the various sounds they make. But there is a difference between noise and music. Players must make the right sounds at the right time to play music. In truth, becoming a percussionist requires a great deal of skill and practice. For years, it was believed that one more thing was ***vital*** – a good sense of hearing. Dame Evelyn Glennie, though, has proven that isn't always true.

Evelyn Glennie was born in Aberdeen, Scotland, in 1965. She had a happy childhood, growing up ***toiling*** on a farm with her parents and two brothers. From an early age, Glennie learned to work hard and love music, just as her parents did.

At age 8, Glennie began taking piano lessons, and she also began losing her hearing. By the time she turned 12, she was totally deaf. That same year, she joined her school ***orchestra***. As soon as Glennie saw the instruments in the percussion section, she knew that was where she belonged. She began to study timpani and learned to sense percussion vibrations.

Usage Tip

***In truth*, *becoming a percussionist requires a great deal of skill and practice*.** *(p. 26, line 5)*

副詞片語 in truth 是一種較正式的用法，意思為「事實上，的確」；亦可視為強調事物真實性的一種措辭。

- In truth, everyone was afraid they would lose their job when the economy got worse.

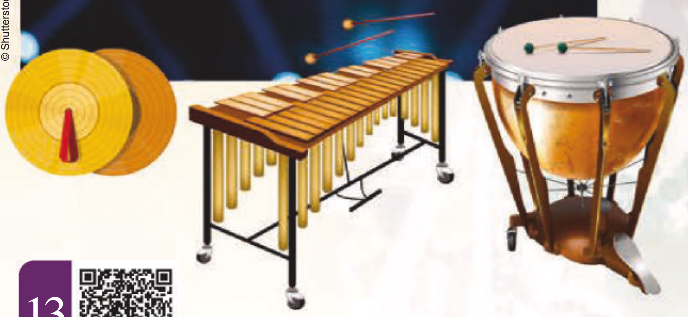
Your turn

A large collection

Glennie has collected over 2,000 percussion instruments. She can play over 1,000 of them well.

Percussion instruments

Some common percussion instruments in an orchestra include cymbals, marimba and timpani.



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13

At 15, Glennie decided to become a solo percussionist. She auditioned for the Royal ***Academy*** of Music in London. However, they had never heard of a solo percussionist and were unsure about accepting her. Ever determined, she persuaded them to take her.

Glennie made her first professional appearance in 1985. Since then, she has gained fame as the world's first full-time solo percussionist. The award-winning musician performs international concerts, composes, teaches classes and much more.

Glennie is often asked how she follows the music. She says, "I use all my senses, especially sight, feeling and touch." She also pays close attention to the ***conductor*** and relies on feeling the music. She describes it as ***penetrating*** her skin, hair, hands, etc.

She performs in bare feet on a wooden platform, which allows her to feel vibrations from the instruments through the floor. She is in constant motion as she moves from one instrument to the next.

She has become an inspiration wherever she performs. After attending one of her concerts, a writer observed, "She was able to prove disabilities aren't ***barriers***. They're doors to thinking differently."

Word Bank

solo (adj) [´solo] 獨自的，單獨的
This will be Kim's first **solo** flute performance.

vital (adj) [´vaɪtl] 必不可少的；極其重要的
Exercise is **vital** to successful weight loss.

toil (v) [tɔɪl] 努力工作；苦幹
Ages ago, many children spent long hours **toiling** in factories.

orchestra (n) [´ɔrkɪstrə] 管弦樂隊
During high school, Patti played the violin in the school **orchestra**.

academy (n) [ə´kædəmi] 專科學院；研究院
You'll need to make very good grades to be accepted into the math and science **academy**.

conductor (n) [kən´dʌktɚ] 指揮
The special guest **conductor** for last night's orchestra performance was Dr. Doris Brougham.

penetrate (v) [´pɛnɪˏtret] 穿透；滲入
His loud voice **penetrated** the silence in the classroom.

barrier (n) [´bærɪɚ] 障礙物；屏障
Tricia worried that the language **barrier** would keep her from making new friends in Italy.

More Information

percussionist (n) [pɚ´kʌʃənɪst] 打擊樂器演奏者
vibration (n) [vaɪ´breʃən] 震動
audition (v) [ɔ´dɪʃən] 試奏；試鏡
disability (n) [dɪsə´bɪlɪti] 殘疾；缺陷

Word Bank Focus

vitally (adv) [´vaɪtli] 十分；極其
It is **vitally** important that I finish my report tonight.

vitality (n) [vaɪ´tælɪti] 活力；生命力
Dan's granddad has the **vitality** of a 30-year-old.

Key Points

Unscramble the sentences to find the key points.

losing/began/by the age of 12/Glennie/her hearing/was/of 8/at the age/and/deaf/totally ● ____________________
____________________________________.

an/around/Glennie/the world/who/award-winning/deaf/is/musician/inspires people ● ____________________
____________________________________.

(Suggested answers on page 74)

Talk About It

- ● If you could play a band instrument, which would you choose? Why?
- ● What are some of the difficulties Glennie has faced?

Seven Habits of the Happiest People

According to research, these practices are good for your health and for business

by Marcel Schwantes / © 2020, Mansueto Ventures, LLC.
Distributed by Tribune Content Agency, LLC; edited by Linda Ludwig
PAGE DESIGN BY ANGELA CHANG

Research has affirmed that the happiest people do and think positive things. The practice of seven habits on a daily basis helps them. Those habits include being kind, forgiving, curious, grateful, generous, patient and writing in a gratitude journal daily.

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There is no better time than now to be thinking about making wise choices to ensure your happiness.

What science continues to ***affirm*** is that doing and thinking positive things throughout your week are not only good for your well-being, they are good for business.

Here are seven habits of the happiest people – all grounded in research.

1. They choose kindness.

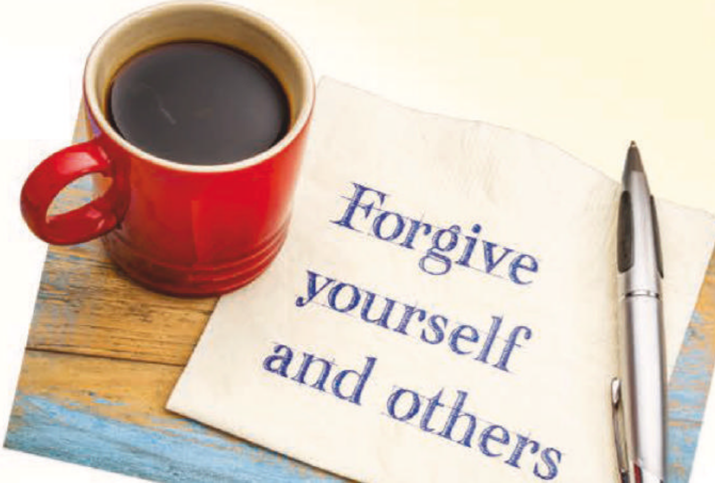
While most bosses don't see the upside of kindness making any business impact, the evidence proves otherwise. Research by Jonathan Haidt at New York University suggests that when a co-worker watches other co-workers help each other, it ***heightens*** a sense of well-being in that person. This is something Haidt calls "***elevation***." In turn, kindness begets kindness and improves collaboration and productivity.

2. They practice forgiveness.

Forgiveness allows you to look at your mistakes as a part of life which can provide ***awesome*** learning experiences. Research shows that forgiveness can help you let go and move on from upsetting situations.

3. They are naturally curious.

Several studies suggest that curious people have better relationships, connect better and enjoy socializing more. In fact, other people are more easily attracted and feel socially closer to individuals that display curiosity.



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Usage Tip

In turn, kindness begets kindness and improves collaboration and productivity. *(p. 28, line 9)*

動詞 beget 是一個較為正式的用字，通常僅用於書寫時；其字義和 cause 及 produce 相同，有「引起，使產生」等含意。

- Remember that violence only begets more violence.

Your turn

Talk About It

- Which of the seven habits practiced by the happiest people surprised you the most? Explain.
- Which of the habits in the article would you like to develop in your own life? Why?

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4. They express gratitude.

Several research studies indicate that a deep sense of gratitude can increase happiness levels by up to 25 percent and help reduce anxiety and depression. The evidence also shows that grateful people are more ***resilient*** and sleep better.

5. They are generous.

In one study of more than 600 Americans, “happiness was predicted by the amount of money they gave away: The more they invested in others, the happier they were.” Science also confirms that giving is good for our health and ***evokes*** gratitude.

6. They exercise patience.

In one 2012 study, researchers found that people exhibiting the rare ***trait*** of patience made more progress toward their goals and were more satisfied when they achieved them. Other research also found that patient people tend to experience less depression and negative emotions and can cope better with stressful situations. Additionally, they feel more gratitude, more connection to others and experience a greater sense of ***abundance***.

7. They keep a gratitude journal.

Science says you can train your brain to be happy and optimistic if you journal three things daily for which you are grateful. And you do it for 21 days in a row.

Ready for a challenge? Try Advanced *magazine!*

Word Bank

affirm (v) [əˊfɝm] 證實；確認
Patrick **affirmed** his intention to attend Yale University next year.

heighten (v) [ˊhaɪtn] 增強，加強
The government **heightened** tensions in the country when it closed its borders to immigrants.

elevation (n) [ˏɛləˊveʃən] 提升；崇高
Elevation is an emotion that people experience sometimes when they witness acts of kindness.

awesome (adj) [ˊɔsəm] 了不起的；令人驚嘆的
Flying a plane by yourself is an **awesome** experience you’ll never forget!

resilient (adj) [rɪˊzɪljənt] 適應性強的；有復原力的
Jan is very **resilient** and doesn’t stay upset very long even when she faces difficulties.

evoke (v) [ɪˊvok] 喚起，引起
Hearing of a child being abused **evokes** anger in my heart.

trait (n) [tret] 特徵，特性
Ben’s sense of humor is a great **trait** because he gets people to laugh in any situation.

abundance (n) [əˊbʌndəns] 充足；豐富
David’s sense of **abundance** comes from feeling grateful for what he has.

More Information

beget (v) [bɪˊgɛt] 引起，導致
collaboration (n) [kəˏlæbəˊreʃən] 合作；協作

Word Bank Focus

affirmation (n) [ˏæfɚˊmeʃən] 肯定；斷言
Todd’s test scores are an **affirmation** that he is doing well in school.

affirmative (adj) [əˊfɝmətɪv] 肯定的；同意的
Bernice gave an **affirmative** answer when asked if she would be going to college.

Key Points

Complete the sentences below.

- According to ____________, kindness, ____________ and curiosity are three of seven __________ choices people who are the ____________ practice.
- Studies further indicate that ___________, generosity, ___________ and journaling complete the list of the seven choices people make that _________ their happiness.

(Suggested answers on page 74)

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Words of the Month

FALL Festival

PAGE DESIGN BY MICHAEL TSE

A. hayride	搭農車出遊
B. pumpkin patch	南瓜田
C. apple picking	蘋果採收
D. carnival games	遊戲攤位
E. apple orchard	蘋果園
F. petting zoo	可愛動物區
G. corn maze	玉米田迷宮
H. pony ride	小馬試騎
I. pick-your-own	自己動手摘
J. pumpkin carving	雕刻南瓜
K. face painting	臉部彩繪
L. bobbing for apples	咬蘋果遊戲

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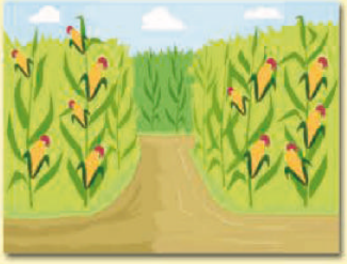
Matching

Match the terms with the correct picture. *(Answers on page 72)*



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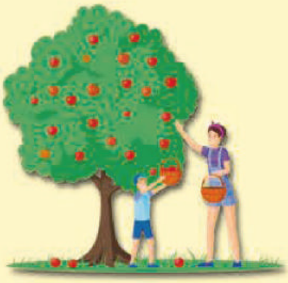

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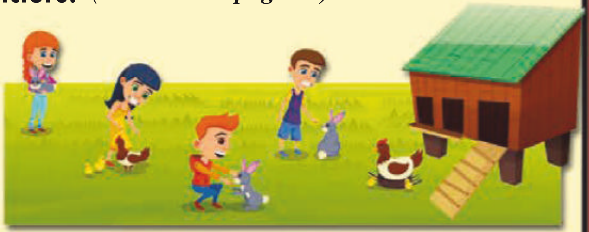

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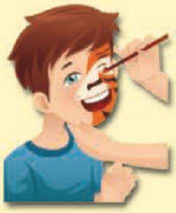

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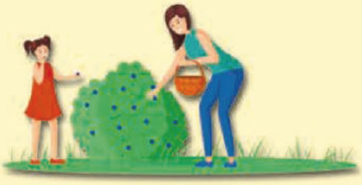

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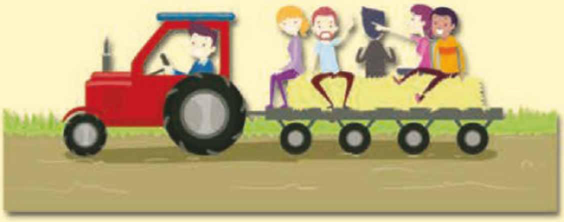

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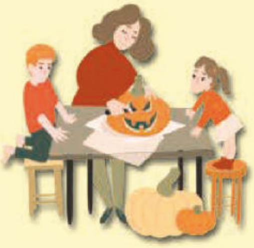

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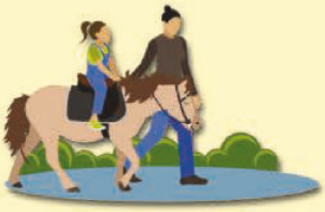

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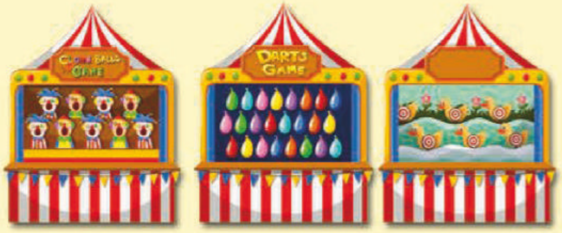

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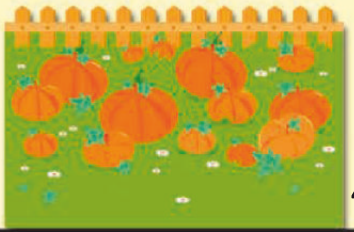
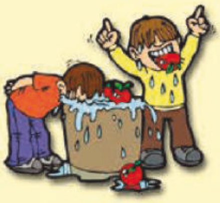


4. ______



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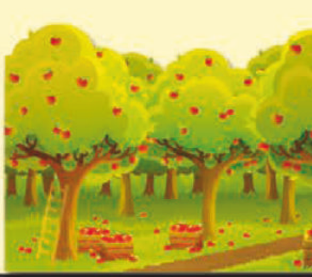


12. ______

Pet Influencers

The cute and famous are wearing ***fur*** this season and walking on four legs

by Connie Kuo / PAGE DESIGN BY ANGELA CHANG

16

He models for *GQ* magazine and *Coach*. He looks great in a suit. He's been invited to New York ***Fashion*** Week parties. He also has a tail.

His name is Bodhi and is better known as the Menswear Dog. His owner started posting pictures of him on Instagram wearing men's clothing. Now he's famous, and he's not the only pet getting attention.

All around the world, animals are becoming the new stars of social media. Besides Bodhi, there are Nala Cat, Maru Taro, Juniper Foxx and many others. These new animal stars have millions of ***followers*** sitting up and begging for their next post!

With fame comes the opportunity to influence. Influencers are using their fame to spread messages they believe in. Many, such as YouTube cat Huang Ama (Yellow Emperor), encourage people to ***adopt*** pets. These animals tell humans not to buy from pet stores. Instead, humans should give abandoned animals a second chance at a loving home.

© @mensweardog

Bodhi the Menswear Dog

Watch out lady dogs! Here is the most handsome dog on the red carpet!

NALA
Living Your Best Life
nala cat

Nala Cat

© @nala_cat

Key Point

- Animals are the new social media celebrities and are helping influence the world!

Talk About It

- Why do you think that animal influencers get so many followers on social media?
  - *I think they get so many followers because …*
- If you were a social media celebrity, what kind of message would you share?
  - *If I were a social media celebrity, I would …*

FUR
@chinnybuddy

© @chinnybuddy

Mr. Bagel the Chinchilla
Mr. Bagel proves that even the little guys can stand up for a cause they believe in!

17

Mr. Bagel was adopted from a ***shelter***. Now he's Instagram's favorite chinchilla! Mr. Bagel has sweet black eyes, big gray ears and soft white fur. He is often seen posing with tiny ***furniture*** or pushing a tiny shopping cart. Though he isn't Instagram's biggest influencer, this little guy has more than 100,000 followers.

Mr. Bagel encourages his followers to say "no" to wearing fur. Chinchilla fur is very soft, and it is often used to make coats. Around 150 chinchillas must be killed to make one fur coat. It is no wonder that Mr. Bagel feels strongly about this cause!

Then there is Hamlet the Piggy, who ***boasts*** more than 300,000 Instagram followers. Hamlet is famous for her ***unique*** sense of fashion. Her online posts are a joy to many people. But Hamlet focuses on helping one person. Her main job is being her owner's therapy pig.

Social media followers can't get enough of these animal celebrities. They can't wait to see what they will post next!

© @hamlet_the_piggy

Hamlet the Piggy
While pigs can't be official service animals, Hamlet helps her owner Melanie when she is not feeling well. She has a fun and happy personality and loves to dress up!

Word Bank

fur (n) [fɝ] 毛，毛皮
Jessica's pet mouse has the softest white **fur**.

fashion (n) [´fæʃən] 時裝；流行款式
Wearing Korean clothing has become a popular **fashion** in recent years.

follower (n) [´fɑloɚ] 追隨者；擁護者
My family members are my best social media **followers**, and they give everything I post a like.

adopt (v) [ə´dɑpt] 領養；收養
Last week, Henry **adopted** an elderly cat that was having trouble finding a home.

shelter (n) [´ʃɛltɚ] 庇護所
When we first adopted Snowball from the animal **shelter**, he was so skinny. Now he is too fat.

furniture (n) [´fɝnɪtʃɚ] 家具
My mom gets angry at our dog for sleeping on the **furniture** because he leaves a lot of fur behind.

boast (v) [bost] 擁有（值得自豪的東西）
Our club started small, but it now **boasts** over 1000 members in three countries.

unique (adj) [ju´nik] 獨一無二的；與眾不同的
That necklace is very **unique**, I've never seen one like it before.

More Information

influencer (n) [´ɪnfluənsɚ] 影響者
Instagram (n) [´ɪnstəgræm] 即時圖影
chinchilla (n) [tʃɪn´tʃɪlə] 絨鼠，毛絲鼠
therapy (n) [´θɛrəpi] 治療；療法

Word Bank Focus

adopt (v) [ə´dɑpt] 選定；領養
I grew up in California but I consider New York my **adopted** home.

adoption (n) [ə´dɑpʃən] 領養，收養
The **adoption** of my third child took a long time, but in the end it was well worth it!

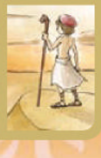
Usage Tip

Hamlet is famous for her unique sense of fashion.
(p. 33, line 14)

名詞 sense 有「官能；感覺」等含意，名詞片語 sense of fashion 的意思為「時尚感」；表示穿著打扮迎合時尚風潮，其他類似用法還有 sense of humor「幽默感」以及 sense of direction「方向感」等。

- Brandie has no sense of fashion. Her clothes are always out of style.

Your turn



The Alchemist

A young shepherd boy follows his dream

summarized by Ruth Devlin / PAGE DESIGN BY MICHAEL TSE / ILLUSTRATED BY ARNOLD LEE

19

Santiago, a young shepherd boy in Spain, sometimes sleeps under a sycamore tree. It grows out of the ***ruins*** of an old church. Each time he sleeps there, he has the same dream. In it, a child tells him about a hidden treasure near the Egyptian ***pyramids***. One day, Santiago meets a mysterious man who seems to read his mind. The man tells him that he is a king of a far-off land and encourages Santiago to pursue this dream. So Santiago sells his sheep and goes to Tangier. Unfortunately, when Santiago arrives, a thief steals all his money, so Santiago must look for work. He finds it in a ***crystal*** shop. After 11 months he has enough money to buy some sheep and return home. But instead he joins a ***caravan*** going to Egypt. On the journey Santiago meets an Englishman who is studying alchemy. The Englishman plans to meet a famous alchemist at an oasis in the Sahara Desert. When they arrive at the oasis, Santiago meets an Arab girl named Fatima and falls in love with her.

Talk About It

- What dream would you like to pursue?
- If you took a journey, who would you like to accompany you? Why?

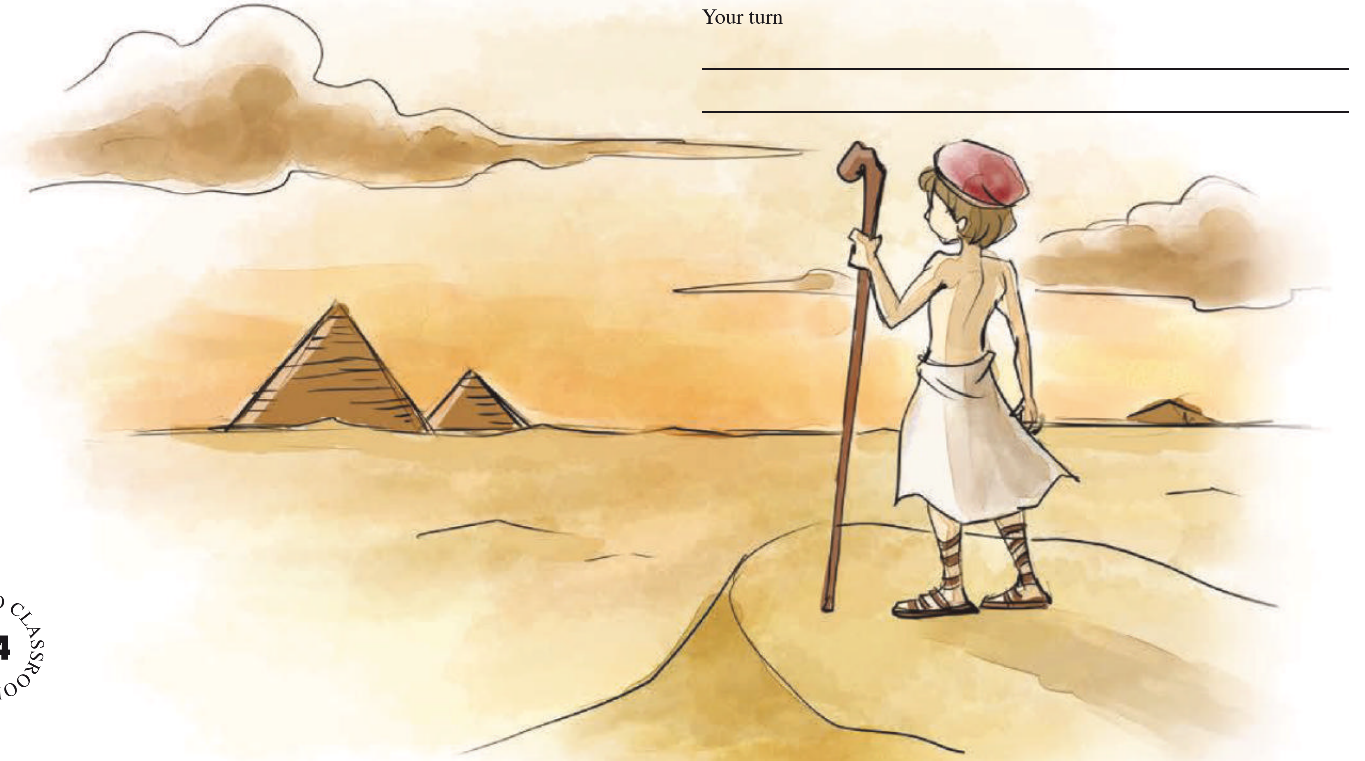
Usage Tip

One day, Santiago meets a mysterious man who seems to read his mind. *(p. 34, line 6)*

慣用語 read one’s mind 意指「看出某人的心思；猜出某人在想什麼」；類似用法還有 read one’s thoughts。

- I can’t read your mind so you have to tell me what you are thinking.

Your turn



20

About Paulo Coelho

- Born in Rio de Janeiro, Brazil, in 1947.
- He dreamed of becoming a writer at a young age, but his parents discouraged him. They saw no future in writing.
- He studied in law school but dropped out to travel.
- He had a spiritual awakening at age 38 and then decided to return to his dream to become a writer.
- The Alchemist has sold 35 million copies and is the most translated book in the world by a living author.
- Coelho has written more than 25 books.

Tribal warfare in the area makes continuing their journey dangerous, so they stay in the oasis. While walking in the desert, Santiago has a vision of a future battle. The following night, he meets the alchemist. He shares his vision with the tribal chief of the oasis. The vision proves true, and the chief asks Santiago to stay. But the alchemist promises to ***accompany*** Santiago if he continues his journey, and Santiago accepts.

Along their way, warriors take them prisoner but eventually release them. Then the alchemist tells Santiago to continue the journey on his own. When he arrives at the pyramids and starts digging for the treasure, robbers attack him and take his money. They ask why he is at the pyramids, and Santiago ***recounts*** his dream. One robber says he had an ***identical*** dream. But in his, the treasure lies under a tree that grows in the ruins of an old church in Spain.

Santiago returns home and goes to the church where he first dreamed of treasure. There he digs up a chest filled with gold. He then plans to return to Fatima at the oasis.

Word Bank

ruin (n) [ˊruɪn] 廢墟
He walked around the ancient **ruins**.

pyramid (n) [ˊpɪrəmɪd] 金字塔
You can't climb the **pyramids** in Egypt.

crystal (n) [ˊkrɪstəl] 水晶；結晶體
Many things take the form of **crystals**, including salt and diamonds.

caravan (n) [ˊkærəˏvæn] （尤指騎駱駝穿越沙漠的）商隊
The **caravan** stopped at the desert oasis.

tribal (adj) [ˊtraɪbəl] 部落的
The **tribal** leaders make the decisions.

accompany (v) [əˊkʌmpəni] 陪同；伴隨
Would you **accompany** me to the park?

recount (v) [rɪˊkaunt] 敘述；講述
He **recounted** the story to his friends.

identical (adj) [aɪˊdɛntɪkəl] 完全相同的
They sell **identical** shirts in the men's section for a lot less.

More Information

alchemist (n) [ˊælkəmɪst] 煉金術士
sycamore (n) [ˊsɪkəˏmɔr] 西克莫無花果樹
Tangier (n) [tænˊdʒɪr] 丹吉爾
alchemy (n) [ˊælkəmi] 煉金術
warfare (n) [ˊwɔrˏfɛr] 交戰；戰爭

Word Bank Focus

accompanist (n) [əˊkʌmpənɪst] 伴奏者
The **accompanist** will play with you.

accompaniment (n) [əˊkʌmpənimənt] 伴奏音樂
Paul played the **accompaniment** on the piano.

Key Points

Unscramble the sentences to find the key points.

a sycamore/of/each time/has/the same/Santiago/dream/he sleeps/church/under/tree in/an old/the ruins

● ____.

to the/for treasure/pyramids/he starts/travels/where/to dig/Santiago

● ____.

(Suggested answers on page 74)

Mercy Ships

A floating hospital provides medical care for poor communities

by Elizabeth Sunshine / PAGE DESIGN BY MICHAEL TSE

21

There is an organization that provides essential health services to areas that need it the most, but they don't just ship services, they send ships.

每月1精進

As a 3-year-old in West Africa, Aliou was sitting by a fire when his blanket caught fire. He suffered burns over much of his upper body, and these burns ***progressively*** cost him the ability to move one of his arms. He needed surgery, but his family could not afford it. Then one day Aliou's grandmother heard about a ship that was traveling around Africa providing free medical care. She took Aliou to the ship, and doctors were able to ***straighten*** his arm with surgery. They also provided physical therapy to help him learn how to use it again and to make the changes from surgery last. The medical treatment changed Aliou's life.

The ship where Aliou ***underwent*** his treatment belongs to an organization called Mercy Ships. Mercy Ships sends ships equipped with medical supplies and hospital beds around the world, but currently their focus is Africa. Trained doctors volunteer to travel on these ships and perform free surgeries on people who need them. They can correct people's vision, straighten bent limbs, fix cleft palates, remove facial ***tumors*** and more. The doctors and crew members are motivated by a love for people that grows out of their Christian beliefs.

Key Points

Complete the sentences below.

- Mercy Ships sends _______ with medical equipment and ________ to treat people in ______ areas who need medical care.
- Mercy Ships _______ local doctors and ________ in places the ship visits and provides patients with a safe, __________ environment where they can recover.

(Suggested answers on page 74)

mercyships.org
AFRICA MERCY

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Talk About It

- What are some advantages to Mercy Ships' way of helping people?
- What are some other ways organizations try to help sick people in poverty-stricken areas?

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22

Medical conditions can cause more problems than just pain, although pain is bad enough. People with health problems are sometimes ***ostracized*** by their community, which can prevent children from attending school and adults from working. This traps these people and their families in poverty.

Mercy Ships seeks to make a lasting ***transformation*** in the communities its ships visit, so the ships' medical volunteers offer training to local doctors. Mercy Ships provides medical equipment for local health clinics and even builds medical facilities such as hospitals. It also teaches local people how to farm their land more effectively and more ***sustainably***. This helps prevent malnutrition, which is the root cause of many of the medical problems treated on the ships.

Treating patients onboard a ship has several advantages over land-based hospitals. Fifty percent of the world's population lives near a coast. Ships can bring modern healthcare to many different patients in a wide variety of places. Ships have their own supply of electricity and running water and provide a safe and ***sanitary*** environment for patients that is independent of surrounding circumstances.

By treating individuals and training communities, Mercy Ships is making life better for people in poverty-stricken areas around the world.

Word Bank

progressively (adv) [prəˊgrɛsɪvli] 逐漸地
As the years passed, the child grew **progressively** more and more confident.

straighten (v) [ˊstretn] 把⋯弄直；（使）變直
Todd tried to **straighten** the bent nail by hitting it with a hammer.

undergo (v) [ˏʌndɚˊgo] 接受（治療等）；經歷
My friend makes pillowcases for children **undergoing** surgery at a local hospital.

tumor (n) [ˊtumɚ] 腫瘤；腫塊
Sharon had surgery to remove the **tumor** on her skin.

ostracize (v) [ˊɑstrəˏsaɪz] 排擠；故意避開
The other children **ostracized** the boy because he wore dirty clothes and smelled bad.

transformation (n) [ˏtrænsfɚˊmeʃən] 徹底改變
The teacher's extra help led to a **transformation** in the child's school work.

sustainably (adv) [səˊstenəbli] 可持續地
Scientists are working on ways to **sustainably** create electricity.

sanitary (adj) [ˊsænɪˏtɛri] 衛生的，乾淨的
It is important for surgeons to keep their equipment **sanitary**.

More Information

cleft palate (n) [klɛft][ˊpælɪt] 顎裂
malnutrition (n) [ˏmælnuˊtrɪʃən] 營養不良
poverty-stricken (adj) [ˊpɑvɚtiˏstrɪkən] 貧困的

Word Bank Focus

sustain (v) [səˊsten] 維持，使繼續
You can't **sustain** a 60-hour work week for very long without consequences.

sustainable (adj) [səˊstenəbəl] 可持續的
You need a break. The pace at which you are working is not **sustainable**.

sustainability (n) [səˏstenəˊbɪlɪti] 永續性
The organization wants to improve the **sustainability** of our farming methods.

Usage Tip

People with health problems are sometimes ostracized by their community, which can prevent children from attending school and adults from working. *(p. 37, line 2)*

形容詞子句（關係子句）中的關代 which，還可以用來代替前面整個子句、句子或是特定事件；作為提及之資訊的補充說明，此時 which 前面需要加上逗號，而且不能用 that 代替。

- Everyone on the committee helped clean up after the conference, which I hadn't expected at all.

Your turn

Ready for a challenge? Try Advanced *magazine!*

Developing Key Competencies 精進素養學習

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I. The slogan of Mercy Ships:

Bringing hope and healing to the forgotten poor.

II. Ask three friends questions about volunteer work and write down their answers in the chart below:

Name			
1. Do you know anyone who has done volunteer work?			
2. Have you ever done any volunteer work?			
3. If so, what kind of work did you do?			
4. If not, what kind of work would you like to do?			

III. Further learning

1. Mercy Ships Brings Hope and Healing to the World’s Poor
https://www.youtube.com/watch?v=WQPtMpl6NmY

2. Top 10 Questions to Ask Before You Volunteer
https://www.scholarships.com/resources/public-service-and-volunteering/top-10-questions-to-ask-before-you-volunteer/

IV. Discussion

Please discuss the following questions with a partner:

1. What are some reasons that people volunteer?
2. What skills do you need to become a volunteer?
3. What are some local or overseas organizations you can volunteer for?

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Mercy Ships **學習活動對應108課綱**			
核心素養	總綱	英A3	規劃執行與創新應變
		英B1	符號運用與溝通表達
		英C1	道德實踐與公民意識
	領綱	英S-U-A3	具備規劃、執行與檢討英語文學習計畫之能力，並能探索有效策略
		英S-U-B1	具備聽說讀寫的英語文素養，連結自身經驗，運用詞彙、句型，在生活情境中適切溝通表達
		英S-U-C1	具備運用英語文的積極態度，關心國際議題，具人文關懷，主動參與社會活動

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和孩子一起共讀，不僅有助孩子腦部發展及
語言能力，更能增進親子互動，好處說不完！

送
睡夢鄉
阿善的小雪球
哈拿和小撒母耳

豬小妹
Penelope Pig
奶奶的眼睛
Grandmother's Eyes
海鮮濃湯的祕密
Seafood Cream Soup
快一點

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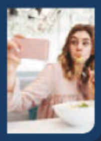

Bugged by Shutterbugs

Is it ever better to put the camera away?

by John Ryan / PAGE DESIGN BY ANGELA CHANG

23

Everyone carrying a smartphone also carries a camera. Many of us are also shutterbugs, ***eager*** to use our devices. Digital photos and videos are easy to take and don't cost anything. So why not capture everything you do and see with your camera? And why not ***distribute*** these images throughout your social network? Your contacts love to see ***evidence*** of how wonderful your life is … don't they?

Well, maybe not. And not everyone likes being photographed or filmed doing something with you. Some people just want to talk, eat, or go for a walk without the photos. Recording special moments can be nice. But always posing for the camera can spoil experiences, too.

Josh and Joan are out on a date. After an early dinner, they go for a walk in the park.

Joan: Let's stop by these flowers. I want to take a selfie.

Josh: Go ahead. I'll just wait here.

Joan: No, I want to take one of us together, looking happy. Come on!

Josh: You just took 10 selfies in the restaurant. Now you're ***itching*** to take more?

Joan: Sure! I love taking selfies!

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Talk About It

- Are you more like Josh or Joan? Why?
  - *I'm more like … because …*
- Do we need to ask if it's OK before taking photos of others? Why?
  - *We do/do not need to ask if it's OK before taking photos of others because …*

24

Josh: You're going to post all these photos to Instagram, aren't you?

Joan: Of course. You don't have an ***objection*** to that, do you?

Josh: I'm not a big fan of social media. And your 2,000 Instagram followers? I know about five of them.

Joan: That doesn't matter. They all know who you are.

Josh: Really? It seems like you're just saying, "Look, Instagram world! I have a boyfriend! We do ***romantic*** things together! We eat and walk in the park!"

Joan: Well, it is fun being with you. I like eating together and walking in the park, don't you?

Josh: Sure. But can't we just enjoy those moments?

Joan: Yes, and I do that by taking photos and sharing them.

Josh: Hmm. Maybe you need a model instead of a boyfriend. Pay some ***attractive*** guy to pose and smile with you.

Joan: OK, I'll put my phone away.

Josh: Thanks.

Joan: But if something really interesting or funny happens …

Josh: Yeah, yeah. ***Snap*** a photo if you must. But just once a month or so, OK?

Joan: Once a month? My friends will miss so much!

Josh: Not as much as you might think!

Usage Tip

***Snap a photo** if you must.* *(p. 43, line 27)*

動詞 snap 有「突然折斷；突然動怒」等含意；snap 運用於攝影範疇時有「拍快照」的意思。另外也可以用 snap a photo 的片語方式呈現，意思和 take a picture 或 take a photo 相同；而 snapshot「快照，照片」則為其延伸名詞。

- Maureen snapped a picture of her daughter and friends as they were going out. The snapshot turned out really well.

Your turn

____

____

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Word Bank

eager (adj) [ˊigɚ] 熱切的，渴望的
After doing homework all Saturday morning, the children were **eager** to play in the park.

distribute (v) [dɪˊstrɪbjut] 散布；分發
I was hired to stand in front of this shop and **distribute** these papers to people.

evidence (n) [ˊɛvɪdəns] 證明；證據
Your great grades are **evidence** that you worked very hard in school this year.

itch (v) [ɪtʃ] 渴望；發癢
In America, many young people are **itching** to drive as soon as they turn 16.

objection (n) [əbˊdʒɛkʃən] 反對；有異議
If you have no **objections**, I will post your photo on my Facebook page.

romantic (adj) [roˊmæntɪk] 浪漫的；多情的
Gary and Edith spent a **romantic** afternoon walking beside the river.

attractive (adj) [əˊtræktɪv] 有魅力的；誘人的
Which is better, to be smart or to be **attractive**?

snap (v) [snæp] 拍快照
George **snapped** some nice photos of the beautiful sunset.

More Information

shutterbug (n) [ˊʃʌtɚˏbʌg] 攝影迷
social network (n) [ˊsoʃəl][ˊnɛtˏwɝk] 社群網絡
selfie (n) [ˊsɛlfi] 自拍照

Word Bank Focus

object (v) [əbˊdʒɛkt] 反對；有異議
I don't **object** to you posting my photo on Instagram.

objectionable (adj) [əbˊdʒɛkʃənəbəl] 令人反感的
That movie is full of **objectionable** words, so I won't watch it.

Want to Be a Better Job Interviewer?

Start Mirroring

Mirroring is a conversational technique that establishes ***rapport***, helps others open up and lets you get past the canned responses

by Jeff Haden / © 2020, Mansueto Ventures, LLC. Distributed by Tribune Content Agency, LLC; edited by Linda Ludwig / PAGE DESIGN BY MICHAEL TSE

This article introduces the practice of mirroring what people say in order to get both a better connection and better information during conversations.

No matter how skilled or experienced an interviewer you might be, most job interviews eventually turn into question-and-answer sessions.

After all, the more you ask, the more you learn about the candidate.

Or not.

Problem is, most job candidates come prepared. To truly understand the candidate's experience, skills and cultural fit, you need to dig deeper.

How? Take a page from the ***hostage-negotiation*** playbook. Chris Voss, a longtime FBI hostage negotiator and author of the bestselling book *Never Split the Difference* says, "If there were such thing as a Jedi mind trick in negotiation, it would be this: the principle of mirroring."

Mirroring is simple. Just repeat back three or four key words from what the other person just said, preferably the last three or four words.

For example, say you ask a candidate one of the most common ***behavioral*** interview questions: "Tell me about a time you had to raise an uncomfortable issue with your boss."

The candidate describes raising an issue about a poorly-designed process, and ends with, " ... but my boss wasn't very happy with me."

Your mirror response, stated as a question, with your voice rising at the end to emphasize curiosity: "Wasn't very happy?"

Usage Tip

Tell me about a time you had to raise an uncomfortable issue with your boss. *(p. 44, line 4)*

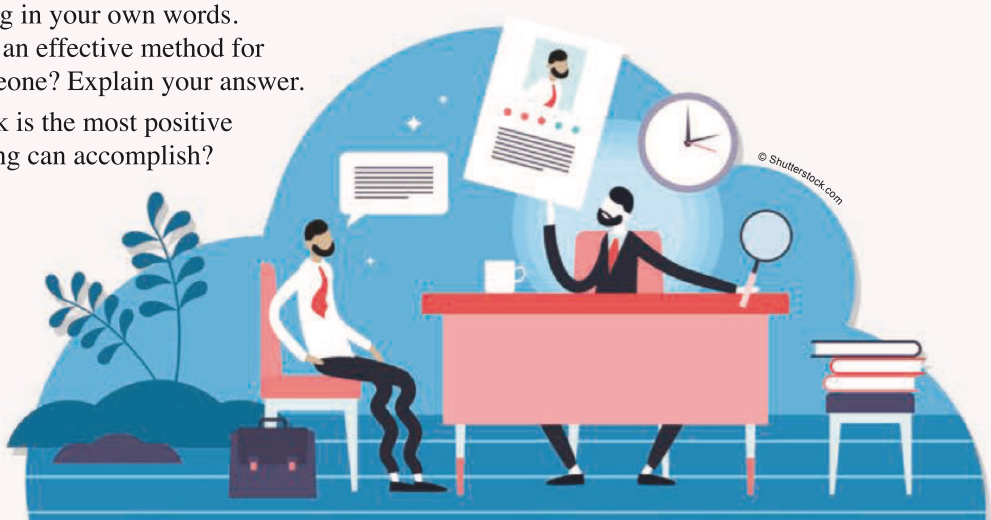
動詞 raise 除了「養育；餵養」之外，還有「舉起；提高；籌（款）」等多種含意；這裡則是「提出」的意思，常見於提出重要議題或是較正式嚴肅的提問時使用。

- At the meeting, Paul raised a number of important issues regarding the new project.

Your turn

Talk About It

- Describe mirroring in your own words. Do you think it is an effective method for interviewing someone? Explain your answer.
- What do you think is the most positive thing that mirroring can accomplish?



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Do that, and you accomplish at least two things. One, you show you're actually listening. Two, you show you want to know more ... and the candidate will give you more. As Voss says, "People love to be mirrored. They love to be encouraged to go on."

Mirroring sounds more conversational. Asking follow-up questions is important but can seem ***interrogative***: "What did you do next?" "How did that turn out?"

Each also sounds potentially judgmental. What the candidate did, how things turned out – the answers could be positive or negative.

But mirroring takes "judgment" out of the ***equation***. Mirroring says, "That's interesting. Tell me more."

Say you ask a sales candidate to describe the toughest sales call she ever made.

Candidate: "... but I pushed through."

You: "Pushed through?"

Candidate: "... until I realized what his real needs were."

You: "His real needs?"

Keep mirroring and you'll learn how the candidate ***navigated*** the call, built rapport, dealt with rejection, found the right strategy, etc.

By repeating the last three or four words the candidate says, you'll turn what could have been a question-and-answer session into an engaging conversation. And get a better sense of their motivation, ***outlook*** and cultural fit.

Ready for a challenge? Try Advanced *magazine!*

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Word Bank

rapport (n) [ræ´pɔr] 融洽；和睦的關係
The professor has a great **rapport** with his students.

hostage (n) [´hɑstɪdʒ] 人質
The police believe the robbers have at least 30 **hostages** inside the bank.

negotiation (n) [nɪ͵goʃi´eʃən] 談判，磋商
The **negotiations** regarding the sale of the property should be finished by tomorrow.

behavioral (adj) [bɪ´hevjɚəl] 行為的
Peter has been having a lot of **behavioral** problems since he changed schools.

interrogative (adj) [͵ɪntə´rɑgətɪv] 質問的；疑問的
Sherry's manner is very **interrogative** when she interacts with clients.

equation (n) [ɪ´kweʒən] （多種因素的）綜合體，平衡
If you took the price of a car out of the **equation**, what kind of car would you buy?

navigate (v) [´nævɪ͵get] 確定…的方向；引導
Immigrants often have a hard time **navigating** social situations because of cultural differences.

outlook (n) [´aut͵luk] 觀點；前景
Penny's **outlook** on life is extremely positive.

More Information

mirror (v) [´mɪrɚ] 鏡子反映；反射
canned (adj) [kænd] 刻板的；罐裝的
playbook (n) [´ple͵buk] 劇本

Word Bank Focus

negotiate (v) [nɪ´goʃi͵et] 談判，磋商
Before I decide to take this job, there are several things I would like to **negotiate** first.

negotiable (adj) [nɪ´goʃəbəl] 可協商的
The salary amount I quoted you is somewhat **negotiable**.

Key Points

Complete the sentences below.

- When ________________ someone for a job, use ________________ to better understand that person's ______________ fit, experience and _____________.
- ________________ shows that you're paying ________________ and want more information while, at the same time, removing the feeling of __________________.

(Suggested answers on page 74)

Does Birth Order Determine Your Personality?

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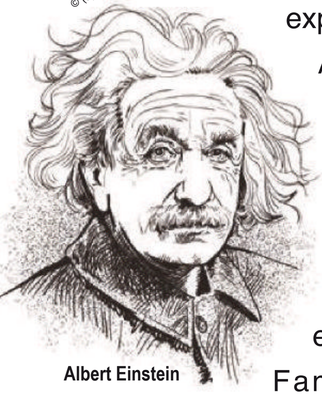
Where do you fit into your family's birth order?

by Pamela Osment / PAGE DESIGN BY ANGELA CHANG

28

Within your family, are you the "boss," the "peacemaker," the "baby" or the "king"? Many researchers believe your position in the family influences your personality.

Firstborn – The "Boss"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Albert Einstein

First-time parents often have very high expectations for their eldest children. As a result, these kids are often responsible, organized, bossy, successful ***achievers***.

Firstborns tend to be natural leaders who respect and trust authority. Many astronauts and engineers are firstborn children. Famous firstborns include Neil Armstrong, the first person on the moon. Also on the list are Albert Einstein, William Shakespeare and Beyoncé.

Middle child – The "Peacemaker"

Typically, parents don't give middle children as much attention as the firstborn or the youngest. That often causes middle kids to feel a bit ***neglected***. As a result, they are usually determined to achieve success in their own way.

They don't like conflict and will try to avoid it. They are often realistic, independent, patient peacemakers and good ***communicators***. Famous middle children include Jeremy Lin, Bill Gates and Ang Lee.

Bill Gates

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Usage Tip

As a result, they are usually determined to achieve success in their own way. *(p. 46, line5)*

慣用語 in one's (own) way 意指「以…特有的行事風格，以…自己的方式」；常用來形容某人以自己最自在且最適合自己特質的方式處理事情或應對進退。

- Do it your own way if you don't like ours, but it had better be right.

Your turn

29

Youngest child – The "Baby"

Yo-Yo Ma

© (e) Shutterstock.com

By the time the youngest family member is born, most parents have ***loosened*** their rules. Not as much is expected of the "babies," and they tend to have more freedom. They often enjoy ***amusing*** others and being the center of attention. They are typically fun-loving, creative people who aren't afraid to question authority or take risks. Famous youngest children include Jennifer Lawrence, Zhang Ziyi and Yo-Yo Ma.

Only child – The "King of the Castle"

Life in the family of an only child often revolves around him or her. A single child doesn't have to share their toys or their parents' time. An only child enjoys learning from adults and is usually very clever for his or her age. Only children are creative and ***intelligent*** and can easily converse with adults. They are typically confident, independent and very successful. Famous only children include Tiger Woods, Jackie Chan and Li Na.

What about you? Does the birth order ***description*** match your personality?

Li Na

© (e) Shutterstock.com

Talk About It

- Where do you fit into your family's birth order?
  - *I am the … child in my family.*
- Do you feel your birth order influences your personality? Explain.
  - *Yes, my birth order influences …*
  - *No, it doesn't influence …*

Word Bank

personality (n) [ˌpɝsə´nælɪtɪ] 性格；人格
Danielle has a very sweet **personality**, just like her mom.

achiever (n) [ə´tʃivɚ] 成功者
Three of my students are always the top **achievers** in every subject.

neglect (v) [nɪ´glɛkt] 忽視；疏忽照顧
After we got a puppy, our older dog felt **neglected**.

communicator (n) [kə´mjunɪˌketɚ] 溝通者
The boss is having problems with his staff because he's not a very good **communicator**.

loosen (v) [´lusən] 放鬆；鬆開
The number of students here doubled after the school **loosened** its entrance requirements.

amuse (v) [ə´mjuz] 逗樂；使開心
Our granddaughter loves **amusing** us with her lively stories.

intelligent (adj) [ɪn´tɛlədʒənt] 聰穎的；有才智的
Brianne is not only quite **intelligent**, she's also very humble.

description (n) [dɪ´skrɪpʃən] 描述，描寫
I decided to take this class after reading the course **description**.

More Information

peacemaker (n) [´pisˌmekɚ] 調解人
astronaut (n) [´æstrəˌnɔt] 太空人
king of the castle (n) [kɪŋ][ʌv][ðə][´kæsəl] 山寨大王
revolve (v) [rɪ´vɑlv] 圍繞；轉動

Word Bank Focus

amusing (adj) [ə´mjuzɪŋ] 有趣的
My grandfather loved telling **amusing** stories from his childhood.

amusement (n) [ə´mjuzmənt] 娛樂（活動）
Ladies and gentlemen, we have many great acts scheduled for your **amusement** tonight!

Key Points

- Many researchers think birth order plays a major role in our personalities.
- Parents are usually much more relaxed with their youngest child than they were with their first child.

Exploring Ecuador

by John Ryan / PAGE DESIGN BY ANGELA CHANG

Enjoy a historic city and some unusual islands

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In 1978 the city of Quito and the Galapagos Islands became two of the twelve ***original*** UNESCO World Heritage sites. UNESCO chose Quito "as the best-preserved and least-***altered*** historic city center in Latin America." They chose the Galapagos as a "unique living museum" that cannot be found anywhere else in the world.

Quito, the capital of Ecuador, was founded by the Spanish in 1534 on the ruins of an Inca city. It sits at an ***altitude*** of 2,850 meters and is surrounded by mountains and volcanoes.

The best place to begin a visit may be in the historic city center, Quito's Old Town. Despite many earthquakes over the years, this area has changed very little since the 16th century. Its buildings combine Spanish, Italian, Moorish and Flemish styles with native influences. At the heart of Old Town lies the Plaza Grande, a busy, beautiful square surrounded by buildings from ***colonial*** times. Try walking down La Ronda, a famous nearby street, and enjoy the shops and cafés.

While in Quito, don't miss the cable car to the top of Pichincha volcano and the city-wide view.

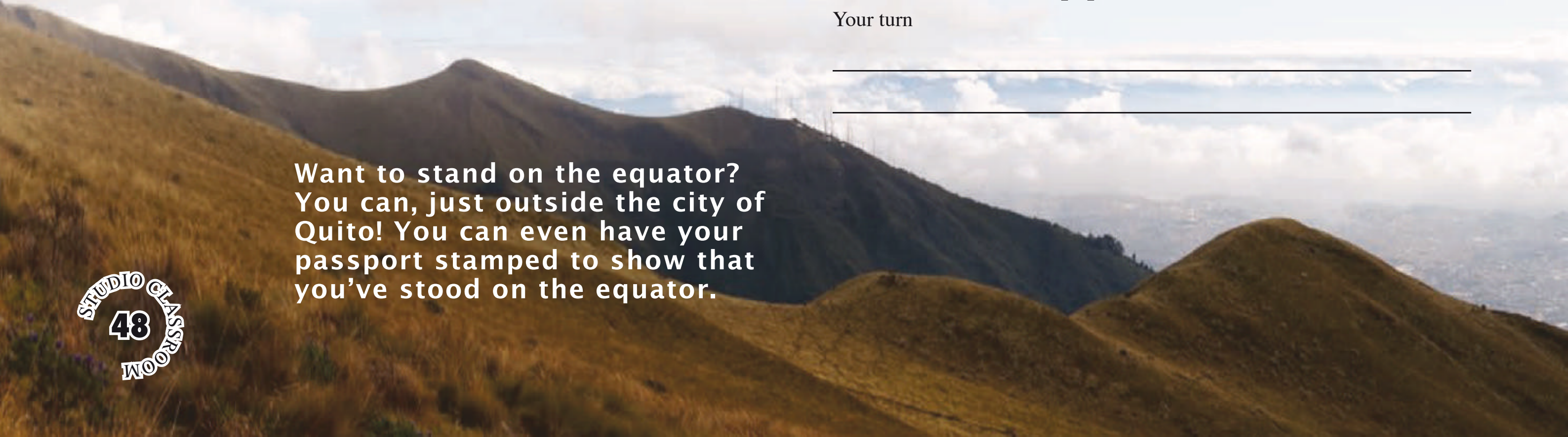
Usage Tip

At the heart of Old Town lies the Plaza Grande, a busy, beautiful square surrounded by buildings from colonial times. *(p. 48, line 20)*

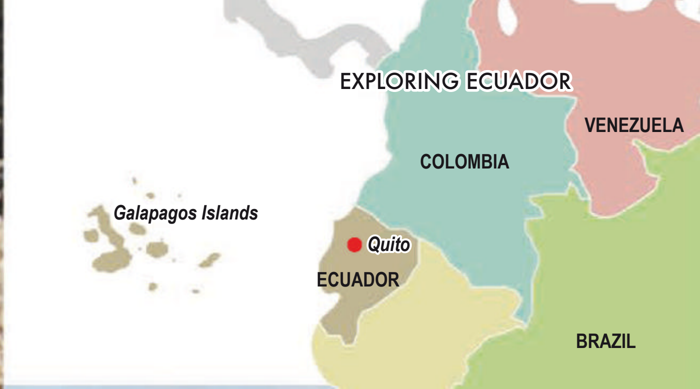
本句是以表地方之介系詞片語起首的倒裝句；用來強調大廣場的位置正好處於舊城區的中心地帶。此外，補充描述廣場的用語因而可以直接接續在後，繼而使整個句子更顯言簡意賅，結構更加精煉。

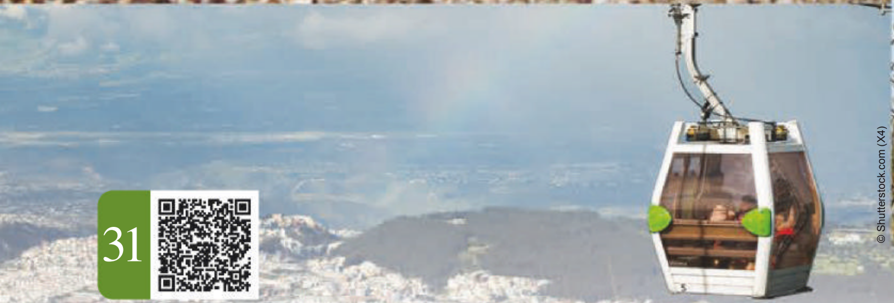
- Inside the room stood her bed, which was covered with clothes, books and papers.

Your turn



Want to stand on the equator? You can, just outside the city of Quito! You can even have your passport stamped to show that you've stood on the equator.





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The Galapagos Islands lie on the equator about 925 kilometers west of Ecuador. They were made famous by Charles Darwin's ***observations*** of nature there in the 1830s. Today, people flock there to see the unusual wildlife.

Most of the Galapagos became a national park in the 1950s. Today the islands are home to about 25,000 people. Starting in the 1960s, tourism has grown but with strict ***guidelines***. Visiting the park is allowed only at certain sites and only in 2- to 4-hour shifts. Tourists must be accompanied by ***licensed*** guides. These rules preserve the islands' unique ecosystems.

What is UNESCO?

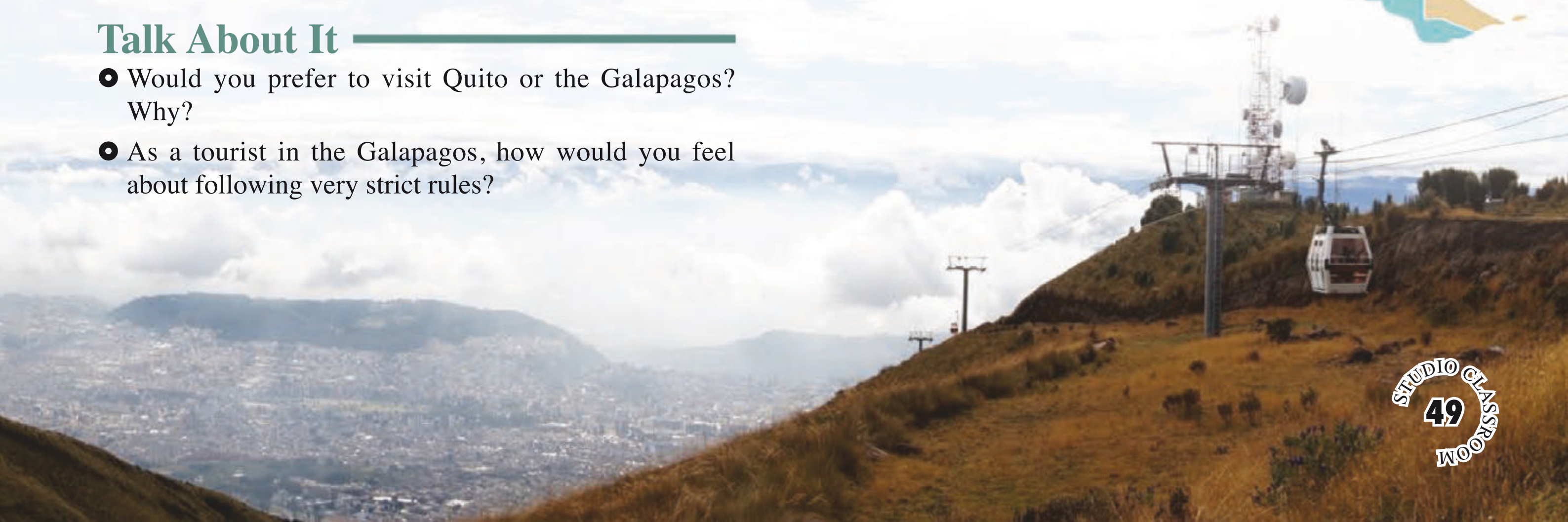
UNESCO stands for United Nations Educational, Scientific and Cultural Organization. This part of the UN works to contribute to peace and security around the world. It promotes educational, scientific and cultural cooperation among nations.

What is a World Heritage Site?

According to UNESCO, World Heritage sites are of outstanding value to the people of the world. They are listed to be protected for future generations to appreciate and enjoy. For more information and to see a complete list of World Heritage sites, visit whc.unesco.org.

Talk About It

- Would you prefer to visit Quito or the Galapagos? Why?
- As a tourist in the Galapagos, how would you feel about following very strict rules?



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Many of the tourists stay at the islands' small hotels and take day tours by boat. Others board small cruise boats for 3- to 11-night cruises around the islands. ***Fortunate*** tourists might see something truly special – Galapagos tortoises that weigh up to 400 kilograms. They may also see marine iguanas, which feed in the sea, and a number of unique bird species.

The Galapagos Islands are a wonderful place to visit. And en route, you can take in the beautiful city of Quito as well!

Key Points

Unscramble the sentences to find the key points.

World Heritage/qualities,/their special/because of/Ecuador's/Quito/sites in/and Galapagos/became/Islands/UNESCO/1978/city of ⊙ ____.

and historic/Galapagos Islands,/en route/very unusual/Quito/to the/visitors/see the/beautiful/should also/city of ⊙ ____.

(Suggested answers on page 74)

Word Bank

original (adj) [ə´rɪdʒənəl] 最早的，原先的
New York City's **original** name was New Amsterdam.

alter (v) [´ɔltɚ] 變化；改動
This practice math test will not **alter** anyone's grade.

altitude (n) [´æltɪˏtud] 海拔高度
The plane flew at an **altitude** of 10,000 meters.

colonial (adj) [kə´loniəl] 殖民地的
The **colonial** period took place during the years before America's independence from Europe.

observation (n) [ˏɑbzɚ´veʃən] 觀察；觀測
After years of **observation**, scientists believe the earth is getting warmer.

guideline (n) [´gaɪdˏlaɪn] 指導原則，準則
If you do not follow the park **guidelines**, you will have to leave the park.

license (v) [´laɪsəns] 執照；特許
Doctors in the U.S. must be **licensed** by the state before they can practice medicine.

fortunate (adj) [´fɔrtʃənɪt] 幸運的
We were **fortunate** to have sunny weather every day of our vacation.

More Information

Latin America (n) [´lætn][ə´mɛrɪkə] 拉丁美洲
Inca (n) [´ɪŋkə] 印加
Moorish (adj) [´mʊrɪʃ] 摩爾人的
Flemish (adj) [´flɛmɪʃ] 法蘭德斯人的
equator (n) [i´kwetɚ] 赤道
marine iguana (n) [mə´rin][ɪ´gwɑnə] 海鬣蜥
en route (adv) [ɑn][rut] 在途中

Word Bank Focus

originally (adv) [ə´rɪdʒənəli] 起初，原先
Originally, that famous restaurant was just a little coffee shop.

unoriginal (adj) [ˏʌnə´rɪdʒənəl] 無獨創性的
I stopped reading this book because its ideas are old and **unoriginal**.

SuperBook
超級妙妙書

名人強力推薦：（以姓名筆劃排序）

呂思瑜	佳音電台台長
何琦瑜	親子天下執行長
柳子駿	台北復興堂主任牧師
孫　越	宇宙光終身義工
夏忠堅	中華基督教救助協會秘書長
寇紹恩	台北基督之家主任牧師
彭蒙惠	空中英語教室創辦人
黃瑽寧	小兒科主治醫師
鄭忠信	論壇報社長
劉清彥	兒童文學作家

探索冒險世界
盡在我的 超級妙妙書

超級妙妙書受到家長和小朋友的熱烈喜愛，
自推出即創造高人氣銷售佳績。
邀請你也一起進入聖經故事的奇幻冒險！

- 13個全新聖經故事
- 超炫3D動畫劇情生動
- 美國CBN艾美獎團隊精彩力作
- 熱潮遍佈全球106國，全球超過5億人觀看

我看完妙妙書
【以斯帖 勇敢有智慧的王后】
的故事後，我學到：
作正確的事情時，
要堅持下去，不能放棄！
小三 Christopher

看妙妙書，讓我有
信心做困難的事情。
4歲 哈而

我和我弟都超愛看妙妙書的，
我們都會唱主題歌。
每次看都很感動，
因為耶穌最後都會贏
小一 Lee

超級妙妙書是我看過最炫、
最酷的聖經故事了
小六 Jason

我看到耶穌復活的故事時，
覺得最後耶穌復活讓我好感動，
妙妙書好好看！
小二 樂昕

出埃及記、挪亞方舟、施洗約翰、約拿魚腹歷險，約瑟夢境成真、第一個聖誕節

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Intro to TOEIC

Test of English for International Communication

PAGE DESIGN BY MICHAEL TSE

Listening Comprehension

This feature offers a talk by a single speaker. The talk is followed by several listening comprehension questions. Select the best answer for each question.

Questions 1–3 refer to the following talk.

1.Where might you hear this talk?
(A) On the radio
(B) At a baseball game
(C) On a theatre stage
(D) At a playground

2.What likely happened before this talk?
(A) Steve addressed the audience's concerns.
(B) The host was talking a break.
(C) Kyle discussed his exciting journeys.
(D) There were lots of advertisements.

3.What did the other former archeologists have to do with Steve?
(A) They all worked at the same museum.
(B) They wanted to start going on trips together.
(C) They made a pact to learn more about history.
(D) They teamed up to create the site.

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Reading Comprehension

This feature provides readers with a selection of texts, such as magazine and newspaper articles, emails and text messages. Each text is followed by several reading comprehension questions. Select the best answer for each question.

Questions 4–7 refer to the following text.

ARGYLES DESIGNERS, LTD.
MEMORANDUM

TO: Human Resources Personnel
FROM: Yosef Agmin, Human Resources Manager
DATE: February 18, 2020
SUBJECT: Policy Update: Termination of employment

Dear staff,

It has come to my attention that our termination process is inadequate. To my chagrin, I have apparently been oblivious to how some of our employees have been treated when their time at Argyles Designers was over. In order to prevent us from lowering the bar any further, we will be conducting a required seminar for all Human Resources Personnel next Friday from 1 – 5 p.m. in Conference Room B.

This company is known for being fair and reputable, and I want to make sure that our public image continues to reflect our internal practices.

Sincerely,

Yosef Agmin

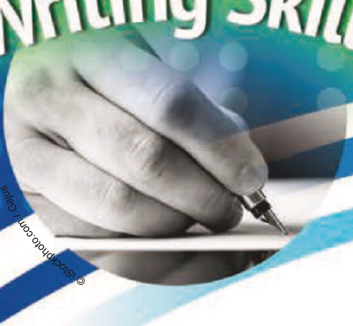
Yosef Agmin
Human Resources Manager
Ext. 2285

4. What likely provoked this memo to be written?
(A) An upset former Argyles worker
(B) A request by the human resource manager
(C) Nothing, it is a routine message
(D) It is an obligatory annual note

5. What is the meeting next Friday about?
(A) How to finish off the fiscal year
(B) How to conduct proper interviews
(C) How to reject potential hires
(D) How to dismiss staff appropriately

6. Who is expected to attend the meeting?
(A) Everyone in the company
(B) All upper management
(C) All staff in the HR Department
(D) Only select workers on the first floor

(Answers on page 72)



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Classification 分類

When we group people, experiences, ideas or things that are similar, we are classifying them and establishing an order to them. We do this by using a basis for division and then putting the items into types, or categories. This skill is necessary when organizing a large amount of material in order to make it more manageable for the reader.

將類似的人、經驗、概念或事物分門別類時，就能建立起條理次序。藉由一分類基礎，將待分類的事項歸納成某類型、或範疇。這種寫作修辭技巧就稱為「分類」。為了讓讀者更容易了解掌握文章所傳遞的資訊，「分類」便成為組織大量寫作素材必要的技巧。

Information can be classified in more than one way. For example, we can divide the population of a country into groups classified by age, occupation, level of education, geographic location, etc. The usefulness of the information depends on how it was classified. For example, if the goal is to develop social programs for different age groups, you would classify a population by age.

資訊能以不只一種方式進行分類。舉例來說，我們可以用年齡、職業、教育程度或地理位置等將某個國家的人口加以分類；而該資訊之功用何在則取決於分類的方式。例如，如果目的是要發展出適合不同年齡層的社會計畫，那麼就會利用年齡進行人口分類。

Use two principles for making clear divisions: 1) your division should include all the main varieties of the class you are writing about and 2) your categories should not overlap.

兩大分類原則：一、需包含撰寫主體之所有主要變體；二、擬定之範疇不能重疊。

Examples:

Which item does not belong in each of the categories?

Music	**Cars**	**Shoes**
Classical	American-made	flat heels
Blues	compact	leather
Rap	foreign-made	2-inch heels
Symphonic		3-inch heels

Expressions of Transition Used for Classification:

分類常用之轉折語

can be divided
can be classified
can be categorized

the first type
the second kind
the last category

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Topic Sentence

When writing a topic sentence for classification, state the categories in parallel form. For example, if you are using adjectives to describe an item, then use all adjectives; however, if you are using nouns, then use all nouns.

撰寫分類文章的主題句時，要以相同詞形敘述種類範疇。例如，若以形容詞描述，就全部用形容詞；若用名詞，就應該都用名詞。

Examples:

There are two kinds of students at my school: (adjectives) hard-working and lazy.
There are two kinds of students at my school: (nouns) hard workers and underachievers.

Your Turn

Pick out the one item in each group that does not belong or fit into that single basis of classification. Then explain why.

1. Contact lenses
   a. soft
   b. green
   c. blue
   d. brown
2. Plants
   a. full sunlight
   b. sandy soil
   c. some light
   d. shade
3. Guests
   a. very neat people
   b. relatives
   c. moderately neat people
   d. slobs

Write a paragraph of classification on a topic of your choice.
Remember the tips given above!

____

____

____

____

____

____

____

Example Answers:

Music – symphonic does not fit as it is not a style of music. Cars – compact does not fit as it refers to a style, not where a car is manufactured. Shoes – leather does not fit as it refers to the material not the style of heel.

Writing Skills Answers:

1. a – not a color
2. b – doesn't describe the kind of light needed
3. b – a relationship not a behavior

Reader's Toolkit

自主學習包

by Gabriel Harbour
PAGE DESIGN BY ANGELA CHANG / © Shutterstock.com (X7)

Part 1 Review

自我精進

Tip Review

Use this month's Usage Tips to complete each sentence. Challenge yourself: Don't leave this page – do it from memory!

1. Jerry wants to do the project, but he wants to do it **his own** ____.
a. way b. style c. method d. direction

2. I _____ **a** quick **photo** of the scenery before going indoors.
a. made b. looked c. drew d. snapped

3. Monica was so busy, she never **got** _____ **to** visiting a night market during her visit to Taiwan.
a. around b. in c. under d. away

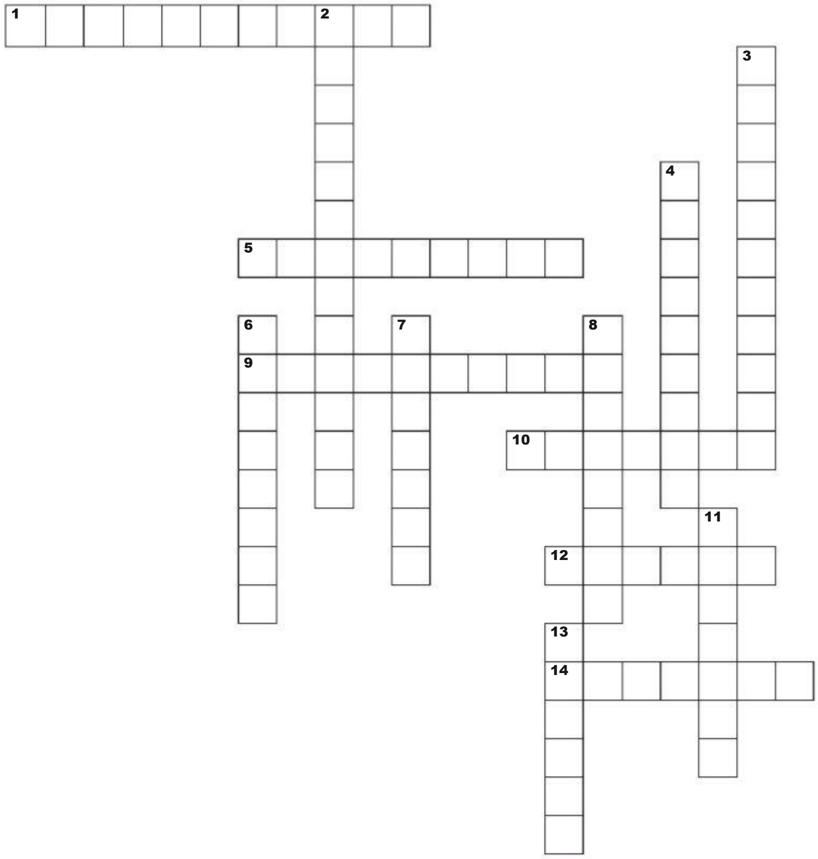
4. Paul has no _____ **of fashion**, so thankfully his stylish wife helps him pick out his clothes.
a. timing b. certainty c. question d. sense

5. I wish I could _____ **your mind** so I could know what you were thinking right now.
a. understand b. read c. listen to d. know

6. It always helps me to **lay** _____ my goals when I write them down.
a. in b. out c. under d. around

Word Wise

Fill in the crossword puzzle with Word Bank words that match the clues below. Note: Only one word from each lesson is used.



Across
1. show
5. rule
9. good-looking
10. tell about
12. special
14. amazing

Down
2. about
3. smart
4. dangerous
6. clean
7. wall
8. businessperson
11. perspective
13. attach

(See page 73 for answers)

Part 2 Reflect 思辨園地

Deep Think

Think thoroughly through the topic. Discuss the questions and brainstorm the answers with others!

Topic: Games and Competition

The lesson about Nintendo's *Animal Crossing* (p. 24) mentions that there is no way to win the game. There's still a way to be competitive, though. People try to gain **recognition** by being creative with their designs. In many of today's youth competitions, however, organizers make sure that if someone wins a **trophy**, everyone should get some form of recognition. Often, this means handing out awards called participation trophies.

Discussion Questions

1. Are you a competitive person? Why or why not?

2. Do you think that everyone on each team participating in a competition should get a prize, even if they lost? Why or why not?

Deep Think Words of the Month:
recognition (noun) – appreciation for an achievement or ability
trophy (noun) – a prize given to the winner or top players in a competition

Further Learning

Could age be a factor in the debate about participation trophies? Read on for input from a couple of different perspectives.

Should Every Kid Get a Trophy
https://www.teamusa.org/USA-Wrestling/Features/2016/March/30/Should-Every-Kid-Get-a-Trophy

Participation Trophies Send a Dangerous Message
https://www.nytimes.com/roomfordebate/2016/10/06/should-every-young-athlete-get-a-trophy/participation-trophies-send-a-dangerous-message

Rapid Review

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I. Vocabulary and Structure 詞彙與結構

1. The gardener is using an old __________ to remove some of the soil from around the rose bushes.
   A. rating B. crossing
   C. shovel D. therapy

2. People who travel a lot tend __________ Southern Airlines with excellent service and comfortable flights.
   A. associates B. associating
   C. associated D. to associate

3. These simple tents will serve as temporary __________ for refugees who are fleeing the war.
   A. fashions B. shelters
   C. objections D. merchants

4. Why didn't Mrs. Wang __________ a smaller dog more suitable for an apartment?
   A. adopt B. adopts
   C. adopted D. adopting

5. The French government has __________ restrictions on imports of beef and poultry products from Canada.
   A. loosened B. boasted
   C. amused D. itched

6. Sara thanked the manager of the gym __________ the proper use of the weight training equipment.
   A. how to demonstrate B. was demonstrated
   C. could demonstrate D. for demonstrating

7. The hotel will soon begin to provide free bottled water for the __________ of its guests.
   A. quarantine B. observation
   C. convenience D. percussionist

8. Because no other employment was available to them, the men had no choice but __________ in the gold mine.
   A. may toil B. who toiled
   C. to toil D. toiling

9. Many countries that are located close to the __________ have tropical climates.
   A. equator B. fiancé
   C. disability D. altitude

10. If James wasn't so busy cleaning his apartment, he __________ you to the art museum.
    A. often accompanies B. would accompany
    C. was accompanying D. has accompanied

11. If you want to attract more customers, moving your bookstore to a better location is a __________ option.
    A. behavioral B. poverty-stricken
    C. tribal D. feasible

12. The child tried to describe the feelings that __________ in her as a result of her parents' divorce.
    A. were evoked B. do evoke
    C. should have evoked D. are evoking

13. Mrs. Chen has observed a complete __________ in her son's attitude toward school.
    A. reputation B. collaboration
    C. transformation D. negotiation

14. The engineers claim that they can make the road through the national park safer __________ it.
    A. that straightens B. have to straighten
    C. had straightened D. by straightening

15. The coach of the basketball team has wonderful __________ with his players.
    A. equation B. rapport
    C. asthma D. tumor

II. Cloze Test 段落填空

Part A: Low (Questions 1—5)

He models for *GQ* magazine and *Coach*. He looks great in a suit. He's been invited to New York Fashion Week parties. He also has a tail.

His name is Bodhi, and he is better known as the Menswear Dog. His owner started posting pictures of him on Instagram wearing men's clothing. Now he's famous, and he's not the only pet getting __(1)__ for his looks.

All around the world, animals are becoming the new stars of social __(2)__. Besides Bodhi, there are Nala Cat, Maru Taro, Juniper Foxx and many others. These new animal stars have millions of followers sitting up and __(3)__ for their next post!

With fame comes the opportunity to influence. They are using their fame to spread __(4)__ they believe in. Many, such as YouTube cat Huang Ama (Yellow Emperor), __(5)__ people to adopt pets. These animals tell humans not to buy from pet stores. Instead, humans should give abandoned animals a second chance at a loving home.

Part B: Intermediate (Questions 6—10)

The Galapagos Islands lie on the equator about 925 kilometers west of Ecuador. They were made famous by Charles Darwin's __(6)__ of nature there in the 1830s. Today, people __(7)__ there to see the unusual wildlife.

Most of the Galapagos became a national park in the 1950s. Today the islands are home to about 25,000 people. Starting in the 1960s, tourism has grown but with strict guidelines. Visiting the park is __(8)__ only at certain sites and only in 2- to 4-hour shifts. Tourists must be accompanied by licensed guides. These rules preserve the islands' unique ecosystems.

Many of the tourists stay at the islands' small hotels and take day tours by boat. Others __(9)__ small cruise boats for 3- to 11-night cruises around the islands. Fortunate tourists might see something truly special – Galapagos __(10)__ that weigh up to 400 kilograms. They may also see marine iguanas, which feed in the sea, and a number of unique bird species.

1. A. judgment B. overpass
C. moisture D. attention

2. A. refuse B. media
C. speech D. policy

3. A. begging B. digesting
C. varying D. tracking

4. A. violations B. souvenirs
C. messages D. receivers

5. A. encourage B. distinguish
C. negotiate D. withdraw

6. A. emergencies B. observations
C. commanders D. relationships

7. A. raise B. scrub
C. flock D. grasp

8. A. terrified B. allowed
C. bothered D. relieved

9. A. elect B. crawl
C. pause D. board

10. A. tortoises B. proposals
C. journeys D. instances

Want to check your answers?
Turn to page 72

III. Reading Comprehension 閱讀理解

During the Second World War, Dr. William Walsh served on a U.S. Navy ship in the South Pacific. While serving there, Walsh observed the poor health conditions in which the people of the South Pacific lived.

After the war ended in 1945, Walsh founded an organization called Project Hope. Its goal was to bring health education and care to people in poor countries around the world. In 1958, Walsh convinced U.S. President Eisenhower to allow Project Hope to rent a U.S. Navy hospital ship for just one dollar a year. Many companies and ordinary people donated money to Project Hope. The organization used the funds to turn the navy ship into a civilian hospital ship called the SS *Hope*.

During the next 14 years, the SS *Hope* traveled to every region of the world. Wherever it went, it provided health care for needy people and helped poor countries establish their own health care systems. In 1974, the SS *Hope* was retired from service, and Project Hope began to provide health care on land instead.

The story of the SS *Hope* inspired Don and Deyon Stephens to buy a passenger ship in 1978 and transform it into another hospital ship. Since then, their organization, called Mercy Ships, has sent ships equipped with medical supplies and hospital beds around the world. Doctors volunteer to travel on these ships and perform free surgeries on people who need them. They can correct people's vision, straighten bent limbs, fix cleft palates, remove facial tumors and more. Mercy Ships also provides medical equipment for local health clinics and builds medical facilities. In addition, it teaches local people how to farm their land more effectively and more sustainably.

1. According to this article, what was happening while Walsh was serving on the U.S. Navy ship?
   A. A military conflict was raging.
   B. Medical schools were expanding.
   C. Asian nations were prospering.
   D. International trade was growing.

2. Who gave Walsh permission to use a ship for one dollar?
   A. An entertainer in America
   B. Two American accountants
   C. America's top politician
   D. Smart American investors

3. What happened to the SS *Hope* in 1974?
   A. It sank unexpectedly.
   B. It was fully repaired.
   C. It launched new services.
   D. It ceased operations.

4. What does the article indicate about surgeries on Mercy Ships' vessels?
   A. They put physicians and nurses at risk.
   B. They're done at no charge to patients.
   C. They mainly benefit wealthy individuals.
   D. They've resulted in serious infections.

5. According to this article, what do local people learn to do with the aid of Mercy Ships?
   A. Make a good living from tourism
   B. Grow crops with greater success
   C. Manufacture popular electronics
   D. Establish education institutions

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本雜誌的中文翻譯提供文意參考，由於語言的差異，請勿逐字逐句比對學習。

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Why Do We Say It?

詞彙濫觴

一些尋常字詞背後的源起故事

1

物品如何獲得其名？這個問題並不總是容易回答；因為命名的方式相當多元。不過，我們倒是可以看看下面這兩樣東西的名稱是如何得來的。

奇異果

很多人都把奇異果和紐西蘭聯想在一起。但這種毛茸茸的棕色水果其實是中國土生土長的。一九〇四年時，一位來自紐西蘭的老師把這種水果從中國帶回紐西蘭。後來在一九五九年時，一家名為Turners & Growers的紐西蘭公司想把這種水果運銷到國外；於是他們就以紐西蘭毛茸茸的棕色國鳥kiwi來稱呼這種水果。到了一九七〇年代，大家便都稱呼這種水果為kiwi「奇異果」了。

拉鍊

如果沒有拉鍊該怎麼辦？這個聰明的小發明被用來扣緊許多不同物品。拉鍊是從一八五一年開始，由幾個人耗費多年時間開發而成的。在這段期間中，該裝置有過很多名稱。最後在一九二三年時，由古德里奇公司將之命名為「拉鍊」並註冊為商標。然而，到了一九三〇年拉鍊普遍流行並成為一般用語時，古德里奇就失去了商標權。

趣聞趣事

- 奇異果最早被稱為中國醋栗。
- 中國是奇異果的最大生產國。
- 拉鍊一詞來自其開合時所發出的聲音。
- 百分之九十的拉鍊都由日本YKK株式會社生產。

p. 14

Virtual Fitness

虛擬健身

不出門也能鍛鍊身體

2

運動在健康的生活形態中扮演一個十分重要的角色；但你可能沒有時間或金錢經常跑健身房。好消息是，現代科技可以讓你待在舒適的家中就能輕鬆上健身課。

透過網路快速搜尋就會出現數千筆線上健身課程。這些課程讓你聽取指示並觀看教練示範如何進行鍛鍊。你可以透過手機、電腦或平板觀看視頻，並就地開始運動；所需要的只是網路連線以及一處夠大的活動空間。

線上健身課程有著各種多元形式。有些聚焦在伸展及慢速動作。有些著重快速有氧運動，有些則意在增強肌耐力。有些需要諸如槓片之類的輔具，不過有些只須運用自己的身體。這意味著你可以選擇自己喜歡的運動課程；而且，還可以隨時嘗試不同的運動。

有些虛擬健身課程需要支付會費，不過有些則是完全免費。

3

任何人都可以在網路上發布健身視頻。但並非每個人都知道自己在做什麼。因此，仔細思索授課教練是什麼人便十分重要；要儘量找具有良好聲譽機構認證的老師。

幾年前，我嘗試過一些虛擬健身課程。原因很簡單：就是方便。我可以在一天當中的任何時間上健身課。我不需要往返來回健身房，而這一點就省下我很多時間。但是，能夠隨時鍛鍊便意味著我可以一直拖延。我會先做其他事情，然後一天就結束了。其實，這樣我是永遠沒辦法運動到的。如果非得在確切的時間點運動，那就意味著我必須把它排進日程。因此對我而言，那種健身房排定的課程便很有幫助。

不過，要是你不喜歡上健身房，或許會想嘗試一下線上健身課程。它們方便又不受打擾，說不定你還會發現一種自己頗能樂在其中的新型健身方式。

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The Entire World Should Know About Green Chemistry

地球人都應該知道綠色化學

綠色化學帶來更好的居家生活品質

5

大部分人對於化學物質不會想太多，但其實它們遍布在我們的生活周遭。許多物質的組成都含有化學成分，包括我們呼吸的空氣以及所喝的水。有些化學物質是天然的，不過大多數是人工合成的，而且還可能對人體造成危害。

二〇〇五年，卡崔娜颶風襲擊美國、摧毀數十萬個家庭，被迫移居的人們因而必須搬進暫時住宅裡。後來，有些災民因為接觸到甲醛而開始出現頭痛和流鼻血的症狀。這種味道刺鼻的化學物質經常存在於用來固定許多家庭用品以及木製家具的黏合劑中。從二〇一一年開始，甲醛已經被歸類為致癌物質，也經證實與孩童氣喘及過敏的增加有關聯；臺灣行政院環境保護署更將其列管為毒性化學物質。

不過，其實我們另有選擇：就是天然黏著劑；特別是那些由大豆蛋白製成，經過改造成類似甲殼類生物用來附著於岩石上的蛋白質。一種天然黏著劑目前已於美國廣泛使用在複合木材製品上。其他企業公司也持續開發更多天然替代物質來取代危險的工業用化學物質；而這就是「綠色化學」的部分理念。

6

綠色化學是一種重新思考如何開發產品以及製程的方法，目的在於對環境更友善、對人類健康更有益，而且在經濟層面上也可行。概括範圍包括減少製程中產出廢棄物、使用可再生原料，以及減少製造產品時所需的能源。「綠色化學12項原則」更清楚載明運用這種方法在化學研究以及化學工業上的目標。第一就是預防；預防廢棄物的產生比後續處理或清除來的容易。另一個原則是盡量降低危險的化學合成；化學反應應該設計成盡可能安全。再者，提高能源效率，並使用可再生植物來源而非石化原料製成的化學品。此外，還需注意監測即時產生的汙染，並選擇及發展更安全、能將意外風險降到最低的化學處理步驟。

達成並堅持綠色化學原則的確存在著挑戰，但這將能激發出全新的研究以及新化學物質的發現。綠色化學可以減少汙染並增加地球永續發展，繼而改善未來人類和動物的生活品質。

本文探討綠色化學相關應用原則，期許提升環保使命感並改善大眾生活品質。

p. 20

A Wedding Adventure

婚禮大冒險

亞洲之旅是一場意想不到的驚喜歷險

7

我們的冒險旅程在我們家女兒二〇一九年三月訂婚之後展開。她和當時的未婚夫住在芝加哥，不過他們從小在亞洲長大，因此選在普吉島舉行婚禮再完美不過了。

時間快轉到一年後；婚禮大小事項已籌備完畢，但是冠狀病毒卻接著出來攪局。一些國家開始實施旅遊禁令以及居家檢疫隔離措施，因此有些賓客不得不取消行程。但是，我們仍不畏困難阻礙，堅定不移地出發前往泰國。

婚禮前的活動相當有趣，婚禮和婚宴也都很美好；可是我們的冒險旅程才剛開始呢！

風下之鄉

婚禮結束的隔天清晨，我和先生便啟程前往馬來西亞婆羅洲的東北岸。我們搭機抵達「山打根」，一個通往野生大地的門戶。

我們的目的地是位於京那巴當岸河的「京那巴當岸濕地度假村」。從「山打根」搭船到該區需要一個小時，那裡是馬來西亞最重要的野生動物保護區之一。我們在第一天下午乘船沿著河岸航行之際，就看到了一隻紅毛猩猩在樹梢築巢。接著，我們還瞧見了長鼻猴在樹枝間擺盪。我們也瞥見了紅褐色和銀灰色的長尾葉猴，還親眼目睹了翠鳥俯衝至水面獵魚。

8

晚餐過後，八名遊客加上導遊和船夫在漆黑一片的夜裡又再次登船。我們沿著支流順流而下來到主河流。冷不防地，一隻扭動的蛇從懸垂的樹枝上掉入水中，然後居然跳進了我們的船裡！還好牠很快又跳了出去，我們才鬆了一口氣！當我們抵達河口時，又遇上一群瞪著血紅大眼的鱷魚；那陰森的景象把大家都嚇了一大跳！不過，當我們繞行過河彎處時，映入眼簾的是一株由螢火蟲點亮、宛如聖誕樹一般的芒果樹。真是一幅壯麗至極的景致！

第二天早上，我們又上了遊船。令人開心的是，大約有四十隻侏儒象列隊步行經過我們眼前。我們不敢相信自己的運氣那麼好，因為這種大象一年僅只一次會造訪這個地區。搭船返回度假村的路上，我們還看到了水獺、小鱷魚、猴群以及好多各種各樣的動物。

回到山打根之後，我們才赫然發現馬來西亞的一切都停擺了，而且大批班機都遭到取消。於是大家忙亂地重新安排航班行程。經過緊繃的數日，我們才終於回到家裡。

這次的冒險之旅看來不管多久都很難忘記了！

> 馬來西亞沙巴位於山打根所在之婆羅洲島，享有「風下之鄉」的別稱美譽；主要原因是沙巴州位於颱風帶之南，因此終年不受颱風侵襲。

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p. 24

Nintendo’s *Animal Crossing: New Horizons*

集合啦！動物森友會

按下A鍵就能打造自己的專屬島嶼

9

今年春天，任天堂推出了熱門遊戲《動物森友會》的系列最新款；隨即造成轟動。玩家超愛這種開放式的遊戲玩法。他們也喜歡能夠和朋友分享遊戲成果的機會。這款遊戲對於因為冠狀病毒而被困在家中的人而言再適合不過了。

這個遊戲以玩家向Nook Inc.的老闆狸克借貸物資正式展開；因為狸克需要玩家協助探索一座荒島。借貸的物資包括前往島嶼所需的費用以及在島上會使用到的幾樣基本物品。玩家抵達島嶼後，必須自行動手製作一些諸如鏟子、釣魚竿和梯子等專屬配備。然後，就可以開始釣魚、捕蟲、採集，以及四處探索勘查。玩家所找到的任何一樣物品都可以賣給狸克。不用幾天，應該就可以賺到足夠的錢來償還借貸物資。

狸克敲定你就是協助開發該座島嶼的人；因此會提供你更多貸款來蓋房子。你成為島嶼的代理人，全權處理決定所有事務。

10

《集合啦！動物森友會》這款遊戲與現實世界同步連接。現實生活中太陽西沉時，夜晚就降臨在遊戲世界中。遊戲中某一名商人只會在星期天早晨短暫來訪；如果玩家得跟她添購東西，就必須在星期天上線。不過，也不是所有遊戲中的一切都與現實生活同步。比如說，如果你種了一棵果樹，只需要幾天的時間樹就會長大了。

玩家會花很多時間收集岩石、鐵礦等資源；為了找到更多礦產，他們甚至會登上其他島嶼。大量收集這些物資都是為了在島上打造新的物品。當朋友來訪時，就可以向他們炫耀自己的傑作。只要取得你島嶼密碼的人都可以前來參觀你的島嶼！

這款遊戲沒有輸贏這回事。不過，擁有酷炫的島嶼設計倒是能讓自己獲得五星評比。對於那些喜歡炫耀自身創意的人而言，這可是件大事。因此，花上數小時甚至數個月只為拿到最後那顆星的可是大有人在。

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Dame Evelyn Glennie: The World’s First Solo Percussionist

依芙琳・葛蘭妮女爵士

打擊樂聽障獨奏家　用音樂教世界如何傾聽

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小孩子喜歡打擊樂器和這類樂器所發出的各種聲響。不過，噪音和音樂還是有差別的；樂手必須在正確時間擊打出正確樂音才能成功演奏出音樂。事實上，要成為一名打擊樂演奏者需要大量的技巧以及練習。

一直以來，大家還公認有一項不可或缺的條件，那就是良好的聽力。然而，依芙琳・葛蘭妮女爵士卻證明了這一點並非絕對。

依芙琳・葛蘭妮於一九六五年出生在蘇格蘭亞伯丁。她的童年生活過得非常快樂；和父母以及兩個兄弟在農場上苦幹實幹地成長。打從年紀還很小，葛蘭妮就懂得努力工作以及熱愛音樂，就跟她的父母一樣。

八歲時，葛蘭妮開始學鋼琴，卻也開始逐漸喪失聽力。到了十二歲時，她已經完全失去聽力。同年，葛蘭妮加入學校的管絃樂隊；她一看到打擊樂區的樂器就知道自己找到了歸屬。她開始學習定音鼓並學習感受打擊樂器的震動。

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十五歲時，葛蘭妮立志要當一名打擊樂獨奏家。她到倫敦「英國皇家音樂學院」進行面試。但是由於學校從未聽說打擊樂獨奏家，因此對於是否錄取她有些猶疑不決。最後葛蘭妮憑著超強意志，成功說服學校錄取她。

葛蘭妮在一九八五年舉行首場專業演出。自此，她就成為全球知名的首位全職打擊樂獨奏家。這位屢獲獎項肯定的音樂家熱衷於國際音樂會演出、從事作曲、開班授課，以及其他諸多工作。

常常有人問葛蘭妮如何理解跟隨音樂。她說道：「我用盡所有感官，特別是視覺、感覺、觸覺。」她也非常仔細注意指揮並且仰賴自己對音樂的感受。她形容音樂的感覺會穿透皮膚、頭髮、雙手……等等。

葛蘭妮一向赤腳在木板舞臺上進行表演，因為這樣能讓她感受到樂器透過地板傳來的震動。她總是流暢無礙地在不同樂器之間轉換。

不管葛蘭妮在哪裡表演，都為聽眾帶來啟發。一名作家在欣賞過葛蘭妮的音樂會後，評論道：「葛蘭妮足以證明身體的缺陷並不是障礙；而是開啟不同思維的大門。」

龐大收藏

葛蘭妮收集了兩千多種打擊樂器；且擅長其中一千多種。

打擊樂器

管絃樂團中常見的一些打擊樂器包括銅鈸、馬林巴琴，以及定音鼓。

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Seven Habits of the Happiest People

快樂的人都有好習慣

這七個習慣對你的健康、事業都大有助益

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思考如何明智選擇以保持快樂感受，沒有比現在更好的時機了。

科學一再證實確認的一件事就是，每天想著、做著正向的事不只對身心安康有助益，對事業也大有好處。

以下是快樂的人所擁有的七個習慣——每一個都有科學研究做為基礎。

1. 友好親切

雖然多數老闆並不認為親切對於公司而言會有任何好的影響，但證據顯示卻剛好相反。由紐約大學強納森・海特所主導的研究便指出，一名員工看到其他同事彼此互相幫忙時，能強化自己的安心感。這就是海特稱為「昇華」的元素。親切好意會進一步引發友善回應，而且能增進合作及產能。

2. 選擇原諒

原諒能讓自己將錯誤視為生活的一部分，成為了不起的學習經驗。研究顯示，原諒能助人放下並脫離不愉快的景況，繼續前行。

3. 天生好奇

幾項研究指出，天生好奇的人有著較好的人際關係，比較能與人連結，也較為喜歡和他人交際往來。事實上，人們的確比較容易被展現出好奇心的人所吸引，並覺得自己在社交關係上跟他們較無距離感。

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4. 表達感謝

一些研究則顯示，滿懷感謝的心能提升快樂水平達二十五個百分點，而且還有助於減低焦慮以及沮喪感。證據也指出，感恩的人適應能力較佳，也有著更優質的睡眠。

Say It in English
開口說英語

#1 在美國點餐

A: 嗨，您想要點什麼？

B: 我要藍莓煎餅。

A: 您要配菜嗎？

B: 要，我要一份香腸。

A: 您要點什麼？

C: 我要一份蘑菇蛋捲。有附烤麵包嗎？

A: 有，有兩片烤麵包，您還可以再選一種馬鈴薯。

C: 你們有全麥麵包嗎？

A: 有。

C: 我要全麥麵包。你們有什麼樣的馬鈴薯？

A: 薯餅、薯條和薯塊。

C: 我要薯餅，謝謝。

A: 好，所以您點了一份藍莓煎餅加香腸。再加一份蘑菇蛋捲，搭配全麥麵包加薯餅。

C: 沒錯，謝謝你。

#2 在得來速點餐

（瓊安在得來速點餐）

A: 嗨，您想要點什麼呢？

B: 我要一個雙層起士漢堡，不要醬料也不要醃黃瓜；還要一份超大薯條，和一杯健怡可樂。

A: 還需要別的嗎？

B: 不用了。

A: 餐點總共是6塊99美元。

B: 錢給你。

A: 謝謝您。

B: 謝謝。

（三分鐘後，在取餐窗口）

A: 這是您的餐點。

B: 好的；謝謝。

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#3 餐飲外送app

A: 外面傾盆大雨的；我們叫外送吧。

B: 好主意。

A: 不過，我們得等二十五分鐘左右才能拿到餐點。

B: 沒關係。我可以等。

A: 你想吃什麼呢？

B: 泰國菜怎麼樣？

A: 好啊。我的外送app上有一家泰國餐廳。餐點半個鐘頭左右會送到。

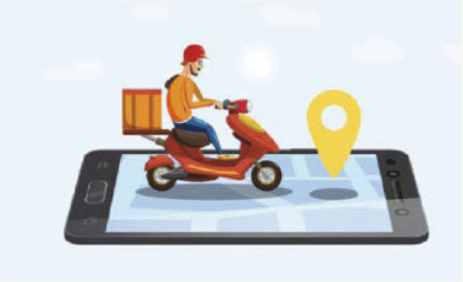
B: 沒關係。我寧願等，也不想冒雨出去。

A: 說得好。嗯……你常用外送app點餐嗎？

B: 蠻常的。我不做飯，所以當天氣像今天這麼糟糕的時候，我通常都叫外送。

A: 了解。碰到今天這種天氣，外送app就真的很方便。

B: 超方便的！



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#4 點飲料

A: 您要來杯飲料嗎？

B: 好啊，我要健怡可樂。

A: 很抱歉，先生。我們健怡賣完了。一般的可樂可以嗎？

B: 也只好如此了。

A: 先生，您要點什麼？

C: 你們今天有冰沙嗎？

A: 有。我們有芒果、百香果和草莓冰沙。

C: 我要一杯芒果冰沙。

A: 沒問題。您要先點開胃菜嗎？

B: 不用。我們在等朋友。等他們到了，我們再點。

A: 好的。我等一下就上您的飲料。

18+

WHAT IS
AVAXHOME?

AVAXHOME -

the biggest Internet portal, providing you various content: brand new books, trending movies, fresh magazines, hot games, recent software, latest music releases.

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Cheap constant access to piping hot media
Protect your downloadings from Big brother
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18 years of seamless operation and our users' satisfaction

All languages
Brand new content
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AVXLIVE.ICU

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We have everything for all of your needs. Just open https://avxlive.icu

5. 待人慷慨

一項針對六百多位美國人進行的研究顯示，「快樂和給予他人的金錢成正比：投資在別人身上的金錢愈多，就愈快樂。」相關科學也證實，樂於給予對我們的健康有益而且還能喚起感恩的心。

6. 滿有耐心

研究人員更在一項二〇一二年的調查報告中發現，展現出罕見耐心特質的人在通往目標的路上會取得較多的進展，而且在達成目標之後也顯得更加滿足。其他研究也發現，有耐心的人較少經歷沮喪感受及負面情緒，而且較會處理高壓緊張的狀況。此外，他們懷有更多的感激之情，覺得和他人更緊密連結，也體會到更大的充足感。

7. 感恩日誌

科學研究表示，如果每天寫下三件自己很感恩的事情，就能訓練大腦，讓它樂觀又快樂。而且，必須連續二十一天都這樣做。

經研究證實，快樂的人在思考面及執行面上都較為正向。另外，他們每天持續維持的七個好習慣也極有助益。這些習慣包括親切、原諒、好奇、感謝、慷慨、耐心，還有每天寫感恩日記。

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Pet Influencers

萌寵網紅

身穿毛皮大衣、用四隻腳走路的可愛明星

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他是GQ和Coach的模特兒。他穿西裝看起來超帥。他獲邀參加紐約時裝週酒會。他還有著一條尾巴。

他的名字叫Bodhi；以柴犬界「型男超模」的身分為眾人所熟知。Bodhi的主人一開始是在IG上發布Bodhi穿著男裝的照片。現在他聲名大噪，而且還不是唯一一隻贏得關注的寵物。

在全世界各地，動物正逐漸成為社群媒體的新星。除了Bodhi之外，還有貓咪Nala，丸太郎Maru Taro，Juniper Foxx，以及其他許多動物。這些新興動物明星動輒擁有數百萬追蹤關注者，跪求他們的下一則貼文！

隨著名氣愈大，發揮影響力的機會便隨之而來。網紅運用知名度來傳開自己所信仰的思想訊息。許多動物明星，諸如YouTube的貓咪網紅黃阿瑪，便鼓勵大眾領養寵物。這些動物告訴人類不要到寵物店買寵物，而是應該給被遺棄的動物們再一次機會，讓他們回到充滿愛的溫暖家庭裡。

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Mr. Bagel是主人從收容所領養來的。如今他可是IG上最受喜愛的絨鼠！Mr. Bagel有著可愛的黑眼睛、大大的灰耳朵以及柔軟的白色皮毛。大家常看到他擺著姿勢和小型家具一起照相，或是推著迷你購物車的萌樣。雖然Mr. Bagel不是IG上最有影響力的動物網紅，但是這個小傢伙也擁有十萬以上的追蹤者。

Mr. Bagel鼓勵自己的追隨者向穿戴毛皮說「不」。絨鼠的皮毛非常柔軟，因此經常被用來製做大衣。為了做一件毛皮大衣，得殺死約莫一百五十隻絨鼠。難怪Mr. Bagel對這個議題的反應會如此強烈！

然後，還有迷你豬Hamlet，她擁有三十多萬名IG追蹤者；以獨一無二的時尚感而聞名。Hamlet網路上的貼文是許多人歡樂的來源。不過Hamlet自己則將重心放在幫助一個人的身上。她的主要工作是主人的治療豬。

社群媒體追蹤者再怎麼追捧這些動物網紅也嫌不夠。他們根本等不及要看這些萌寵們接下來的貼文！

柴犬界超模 Bodhi

小姐們請注意！這一位是犬界紅毯上最帥的型男！

小絨鼠 Mr. Bagel

Mr. Bagel證明了即使是小蝦米也能捍衛自己所信仰的主張！

迷你豬 Hamlet

雖然豬不能成為正式執勤的動物，但Hamlet在主人梅蘭妮身體不適時幫助了她。Hamlet擁有開朗逗趣的個性，還非常喜歡打扮！

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The Alchemist

牧羊少年奇幻之旅

不管夢想多遙遠，也要不忘初衷、勇敢前進

19

西班牙有一個名叫聖狄雅各的牧羊少年，有時候他會在一棵無花果樹下睡覺。這棵樹是從一座老舊教堂的廢墟堆裡長出來的。每一次聖狄雅各在那裡睡覺的時候，都會做同樣一個夢。夢裡，有個小孩告訴他，在埃及金字塔的附近有一批被埋藏起來的寶藏。有一天，聖狄雅各遇見一個似乎能看出他心思的神祕男子。男子向聖狄雅各表明自己是一個遠方國度的國王，並鼓勵他去追尋自己的夢想。於是，聖狄雅各賣了羊群，出發前往丹吉爾。不幸的是，聖狄雅各抵達該地時，一個小偷把他所有的錢都偷走了，因此聖狄雅各必須找工作賺盤纏。他在一家水晶商店裡找到差事。十一個月之後，他有了足夠的錢可以買一些羊並返回家鄉；但卻加入了一個要前往埃及的沙漠商隊。旅途中，聖狄雅各遇見一個在研究煉金術的英國人。那個英國人打算要到撒哈拉沙漠的某個綠洲去見一位有名的煉金術士。他們抵達綠洲時，聖狄雅各遇見一名叫法蒂瑪的阿拉伯女孩，並且愛上了她。

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沙漠地區部落交戰的情況讓繼續上路變得危險，因此一行人索性就留在綠洲。當聖狄雅各在沙漠中行走的時候，居然看到了未來的一場戰役。隔天夜裡，他碰到了那位煉金術士。聖狄雅各把自己預見的事跟綠洲的部落首領說。聖狄雅各看到的戰役後來成真，因此部落首領便請求聖狄雅各留下來。不過，煉金術士則向聖狄雅各保證如果他想繼續這趟旅程，他會陪同他前往；而聖狄雅各答應了。

旅途中，有戰士把他們抓走囚禁起來，不過最後又放了他們。後來煉金術士叫聖狄雅各自己繼續旅程。在他抵達金字塔並開始挖掘寶藏的時候，一群搶匪出現襲擊了他，並且拿走他的錢。搶匪問他為什麼來到金字塔，聖狄雅各便說出自己做的夢。其中一個搶匪表示自己也做了一個一模一樣的夢。只是在他的夢裡，寶藏是埋在西班牙一棵從一座老舊教堂的廢墟堆裡長出來的樹底下。

聖狄雅各回到家鄉，來到自己第一次夢見寶藏的教堂。在那裡，他挖出了一個箱子，裡面裝滿了金子。然後他便計劃要回到遠在綠洲的法蒂瑪身邊。

關於保羅・科爾賀

- 於一九四七年出生在巴西里約熱內盧
- 科爾賀小時候夢想成為一名作家，不過父母打消了他的念頭；因為他們覺得寫作沒有前途。
- 科爾賀曾就讀法學院，但後來輟學去旅行。
- 科爾賀於三十八歲出現靈性覺悟，然後便決定重拾成為作家的夢想。
- 《牧羊少年奇幻之旅》賣出三千五百萬本，是世界上作者仍在世的書籍中，被翻譯成最多語言的一本。
- 科爾賀撰寫超過二十五本書。

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Mercy Ships

慈善船組織

移動的水上醫院，為貧困世界帶來醫療和希望

21

阿里奧是西非洲一名三歲大的小孩，有一次他坐在火堆旁的時候，身上的毯子著了火。他的上半身多處灼傷，而這些傷口逐漸使他的一條手臂失去移動能力。他需要動手術，可是家裡負擔不起。然後有一天，阿里奧的祖母聽說有一艘船在非洲的周圍航行，能提供免費醫療照護。她帶著阿里奧前往那艘船，結果醫生透過手術將他的手臂弄直了。他們還提供物理治療，幫助阿里奧學習如何再度使用自己的手臂以及如何讓這些因手術調整的改變得以持續下去。這次的醫療處理改變了阿里奧的一生。

讓阿里奧在上面接受治療的船艦屬於一個名為慈善船的組織。慈善船派遣備有醫療器材以及病床的船艦到世界各地，不過他們目前的援助重點則放在非洲。受過訓練的醫生自願搭船四處航行，幫助有需要的人進行免費手術。他們能矯正視力、拉直彎曲四肢、修復唇顎裂、移除臉部腫瘤，以及其他更多項目。醫生群和艦組人員的熱忱都是出於對世人的愛，而這份愛則源自於他們的基督教信仰。

22

身體病況所帶來的問題不僅只是疼痛，雖然疼痛已經夠糟了。健康有問題的人有時會被社群排擠，導致小孩可能無法上學，而大人則可能失去工作；這也使得這些人及其家人被困在貧困的泥沼中。

慈善船組織試圖在醫療船到訪過的社區做出持久徹底的改造，因此船上的醫療志工會提供當地醫生一些訓練。慈善船也會捐贈醫療設備給當地診所，甚至協助興建諸如醫院之類的醫療設施。該組織也會教導當地人如何更有效且永續地耕種土地。這則有助於預防糧食短缺所造成的營養不良，在醫療船上治療過的健康問題中，營養不良是許多問題的根源。

比起陸地上的醫療院所，在船上治療病人具有幾項優勢。全世界百分之五十的人口居住在靠近海岸的地方。船隻可以將現代醫療照護帶給各地區的各種不同病患。船隻有自備電力及自來水供應系統，也能提供病患一個不受周遭情勢影響、安全又衛生的醫療環境。

慈善船組織藉由醫治個別病患以及訓練社區團體，讓世界各地貧困地區的人們得以享有更加美好的生活。

有一個慈善機構提供基本健康服務給最需要的地區，不過他們不只是把服務送達，他們連整艘船都開過去了。

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p. 42

Bugged by Shutterbugs

就是愛拍照

適時把相機收起來會不會比較好？

23

每個人只要身上帶著智慧型手機，同時也就帶著相機。而且我們很多人還都是攝影狂，總是等不及想用一用手上的裝置。數位照片及影片很容易拍攝，而且完全毫無成本可言。既然如此，為什麼不用相機把所做、所見的一切全部捕捉起來呢？還有，為什麼不把這些影像發布在社群媒體網絡上呢？社群友人們最愛看到你人生多麼美妙的證明了……不是嗎？

這個嘛，也許不是喔。此外，也不是每一個人都喜歡在和朋友相處的時候被拍下照片或影片。有些人純粹只想聊聊天、吃東西，或者是散散步，根本沒打算要拍照。記錄下特別時刻也許不錯；但隨時都得忙著擺姿勢拍照也可能會破壞美好的體驗。

喬許和瓊恩外出約會。早早吃完晚餐後，他們便到公園散步。

瓊恩：我們在這些花旁邊停一下；我想拍張自拍。
喬許：去吧；我在這裡等妳。
瓊恩：不行啦，我是要拍我們兩個看起來很開心的合照；來嘛！
喬許：妳剛剛在餐廳已經拍了十張自拍了；現在又忍不住了？
瓊恩：當然啊！我最愛自拍了！

24

喬許：妳會把這些照片全部放上IG，對不對？
瓊恩：當然；你不會反對吧？
喬許：我不是很喜歡社群媒體。而且，妳的兩千位IG追隨者？我大概只認識差不多五個。
瓊恩：那又沒關係；他們全都知道你是誰啊。
喬許：真的嗎？妳這樣感覺就好像在說：「嘿，IG世界的朋友們看過來！我有男朋友！我們都會一起做浪漫的事！我們一起吃飯，然後到公園散步！」
瓊恩：嗯，和你在一起確實很開心啊。我喜歡一起吃飯然後在公園散步，你不喜歡嗎？
喬許：喜歡；可是我們不能單純就好好享受這些時刻嗎？
瓊恩：可以啊，而且我享受的方式就是拍照，然後再和別人分享。
喬許：嗯。也許妳需要的是一個模特兒，而不是男朋友。花錢找個帥哥和妳一起微笑擺姿勢吧。
瓊恩：好啦，我把手機收起來啦。
喬許：謝謝。
瓊恩：可是要是有什麼真的很有趣或者很好笑的事情發生……
喬許：好吧。如果妳非得要拍，那就拍吧。可是一個月大概一次就好了，可以嗎？
瓊恩：一個月一次？我的朋友會錯過好多東西的！
喬許：絕對沒有妳想的那麼多！

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p. 44

Want to Be a Better Job Interviewer? Start Mirroring

「鏡像模仿」幫你找到對的人

這種談話技巧能建立融洽關係、助人敞開心胸、讓人不再制式回應

26

不管你是個技巧多麼嫻熟或是經驗多麼豐富的面試官，多數求職面試最終都免不了變成問答的攻防戰。

畢竟，問得愈多，對求職者的了解就愈深入。

但也可能不是這麼一回事。

問題癥結在於，多數求職者都是有備而來的；因此要真正了解一名求職者的經驗、技能、文化適性度，就必須更加深入挖掘。

該怎麼做呢？你可以參照人質談判的做法。長期擔任美國聯邦調查局人質談判專家，並著有暢銷著作《FBI談判協商術》的克里斯・佛斯就表示：「談判中如果真有所謂的絕地武士心靈控制能力，那麼一定就是鏡像模仿原則。」

鏡像模仿很簡單。只要從別人剛說的話裡重複三、四個關鍵詞就行了，最好是那句話最後的三、四個字。

舉例來說，假設你向求職者提出這個關於行為面最常見的面試提問：「請跟我談談你之前必須向上司提出一個不太自在的議題時，是怎麼樣的情況。」

面試者描述自己針對一項設計不良的程序提出異議，並在結束時說道：「……可是上司對我有些不滿。」

此時鏡像模仿的回應便是以問題的方式提出，加上語尾微揚的音調以凸顯強調好奇感：「有些不滿？」

27

就是這麼做，然後你會達到至少兩個效果。第一，你顯示出自己確實在聆聽。第二，你表現出自己還想再知道更多……而面試者就會提供你更多的資訊。如同佛斯所言：「人們都喜歡被他人模仿的感覺；也喜歡別人鼓勵自己繼續說下去。」

鏡像模仿聽起來較為輕鬆口語化。提出後續問題固然重要，但卻可能讓人感覺像是受到質問：「你接下來怎麼做？」「結果怎麼樣？」後續問題聽起來還帶有評判意味。面試者做了什麼，事情有什麼樣的結果——這些問題的答案有可能是正面或負面。

但是，鏡像模仿將「評判」的感覺屏除在外。鏡像模仿表達的是：「你說的真有趣；再多說一點。」

假如你請一位應徵業務員的面試者描述她最困難的一次業務拜訪。

面試者：「……但我還是堅持下去。」

你：「堅持下去？」

面試者：「……我堅持下去，一直到自己終於明白他真正的需求是什麼。」

你：「他真正的需求？」

只要繼續進行鏡像模仿，你就會知道面試者如何在業務拜訪中見招拆招、與對方建立融洽關係、因應對方的拒絕、找出正確的策略等。

藉著重複面試者所說的最後三、四個字，你就能將原本的制式問答轉變成引人入勝的輕鬆談話。此外，你還能更加了解對方的動機、想法觀點，以及文化適性度。

本文介紹一種實踐做法，也就是鏡像模仿別人所說的話，以便在談話中與對方建立更好的關係，並獲取更多的資訊。

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p. 46

Does Birth Order Determine Your Personality?

出生順序心理學

你在家中排老幾?!

28

在家裡，你是「大老闆」、「和事佬」、「爸媽寶」抑或是「山大王」？許多研究專家學者都認為家中的排行會影響一個人的性格。

長子女——大老闆

新手爸媽常常對第一個孩子寄予很高的期望。因此，這些孩子通常是責任心重、條理分明、愛發號施令的事業有成者。

長子女往往是天生的領導者，而且很尊重並信賴權威。很多太空人及工程師都是頭生的孩子。知名的長子女包括首位登陸月球的太空人尼爾・阿姆斯壯。另外，同在名單上的還有阿爾伯特・愛因斯坦、威廉・莎士比亞以及碧昂絲。

中間子——和事佬

通常，父母不會給排行居中的孩子像給頭胎或老么那樣等量的關注。這經常導致中間子女感覺有點受到忽視。因此，排行居中的孩子通常會下定決心以自己的方式取得成功。

中間子女不喜歡衝突，而且會盡量避免衝突發生。他們通常是實事求是、獨立自主、耐心十足的和事佬，同時也是善於溝通的人。排行居中的名人包括林書豪、比爾・蓋茲以及李安。

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么兒女——爸媽寶

大多數父母在最小的家庭成員出生之際，都已經放寬了自己曾經立下的規定。對於「寶貝們」的要求不多，因此么兒女往往擁有更多的自由。他們通常喜歡逗樂別人並成為關注的焦點。么兒女常是喜歡取樂、創意十足的人，無懼於質疑權威或承擔風險。知名的老么包括珍妮佛・勞倫斯、章子怡，以及馬友友。

獨生子女——山大王

只有一名子女的家庭，其日常生活通常都是以孩子為中心繞著他或她而轉。獨生子女不需要與他人分享玩具或是父母的陪伴；他們喜歡向成年人學習，與同年齡層的孩子相比則通常較為聰明。獨生子女具有想像力、聰穎過人，可以輕鬆和成年人交談。他們通常自信獨立且非常有成就。身為家中獨生子女的名人包括老虎伍茲、成龍以及李娜。

你排行老幾呢？以上出生順序的相關描述和你的性格又是否相吻合？

p. 48

Exploring Ecuador

深入探索——厄瓜多

流連拉丁美洲歷史文化與自然生態交錯之美

30

一九七八年，南美厄瓜多基多市以及加拉巴哥群島獲得聯合國教科文組織列為首批十二個世界遺產中的兩個。聯合國教科文組織選擇基多市作為「拉丁美洲保存最為完好、變化最少的歷史城區。」並推舉加拉巴哥群島為一座舉世難尋、「獨一無二且活生生的博物館。」

厄瓜多首都基多市在一五三四年由西班牙人從一座印加古城的廢墟上建立而起。該市海拔高度達二千八百五十公尺，為群山及火山群所環繞。

參訪行程的最佳起點，也許就是歷史古城中心——基多市的舊城區。儘管多年來歷經無數地震襲擊，這個區域仍保有十六世紀的風貌，少有改變。舊城區的建築融合了西班牙式、義大利式、摩爾式、法蘭德斯式風格以及當地的文化特色。位於舊城區中心的大廣場，是一個熙熙攘攘的美麗廣場，周圍環繞著殖民時期的建築物。不妨沿著附近著名的隆達街漫步而下，恣意流連於各式商家及咖啡館之間。

在基多市的時候，千萬別錯過搭乘纜車前往皮欽查火山頂的機會，並俯瞰整個城市美景。

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加拉巴哥群島位於厄瓜多西方約莫九百二十五公里處的赤道上；因查爾斯・達爾文一八三〇年代在群島上觀察自然生態而聲名大噪。如今，人們蜂擁而至，想一探島上稀有的野生物種。

加拉巴哥群島多數地區於一九五〇年代被劃定為國家公園。目前約有二萬五千人居住在群島上。一九六〇年代開始，在祭出嚴格規範原則的配套下，島上的旅遊業已經有所開放成長。國家公園僅限某些特定區域能開放參觀，而且僅提供二到四個小時的輪班參觀制。另外遊客必須由領有執照的導遊陪同入園。這些條例規定保護了島嶼獨特的生態系統。

許多遊客下榻在島上的小旅館，然後於日間乘船遊覽。有些遊客則會搭乘小型郵輪，在群島周邊進行為期三到十一個晚上的環島行。幸運的遊客或許能一睹極為特殊

的生物，例如重達四百公斤的加拉巴哥象龜；或許也能看到在海中覓食的海鬣蜥，以及若干罕見的鳥類。

加拉巴哥群島是一處絕妙的旅遊勝地。而且在途中時，你還能夠一併欣賞美麗的基多市！

想要站在赤道上嗎？沒問題，赤道就在厄瓜多的基多市郊！你甚至可以在護照上加蓋戳記，證明自己曾經站在赤道上。

聯合國教科文組織

聯合國教科文組織的全名為「聯合國教育、科學及文化組織」。這個隸屬於聯合國的單位致力於促進全世界各地的和平與安全；於國際間推行教育、科學以及文化層面的合作。

何謂世界遺產？

根據聯合國教科文組織的說法，世界遺產對全球人類有著極大的價值。列為世界遺產的場址會受到保護，以便能讓後代子孫欣賞、共享。想了解更多訊息以及完整的世界遺產名單，請至whc.unesco.org。

Words of the Month Fall Festival Answers:

(from page 31)

1. G　2. K
3. J　4. B
5. C　6. I
7. H　8. L
9. F　10. A
11. D　12. E

Intro to TOEIC Answers:

1. A
2. C
3. D
4. A
5. D
6. C

(from page 52-53)

Newsworthy

臉書收購GIPHY　活化即時通訊能力

臉書官方正式宣布收購GIF動畫圖像庫平台GIPHY；GIF動態圖檔可以附加在訊息貼文中以表達情緒感受。

發言人表示，GIPHY將會加入臉書旗下的Instagram團隊，而臉書這個社群龍頭也已針對一百多名GIPHY員工展開去留協商。

根據率先報導這項交易的新聞媒體Axios表示，此次收購價格可能為四億美元；而臉書發言人則拒絕就交易條款發表任何評論。

其實臉書即時通訊相關產品早已支援GIPHY平台的GIF圖庫，只不過公司表示，完全擁有這項服務功能將可望讓臉書使用者在限時動態或直接訊息中「更容易找到理想的GIF動態貼圖和功能性貼紙。」根據公司聲明，GIPHY約百分之五十的流量都是來自於臉書的系列應用程式，而其中一半則由Instagram獨占。

臉書執行長馬克・祖克伯近年來已將私人即時通訊列為優先處理事項，且終於打算串連包括WhatsApp，Messenger以及Instagram等臉書所有服務之間的即時通訊交流傳遞。臉書還花費大量時間和金錢鼓勵公司幾近三十億的用戶更加頻繁分享臉部濾鏡及功能性貼紙等功能。

Rapid Review Answer Key

I 詞彙與結構	1.	C	II 段落填空	1.	D
	2.	D		2.	B
	3.	B		3.	A
	4.	A		4.	C
	5.	A		5.	A
	6.	D		6.	B
	7.	C		7.	C
	8.	C		8.	B
	9.	A		9.	D
	10.	B		10.	A
	11.	D	III 閱讀理解	1.	A
	12.	A		2.	C
	13.	C		3.	D
	14.	D		4.	B
	15.	B		5.	B

Reader's Toolkit

Tip Review Answers:

1. a. (his own way)
2. d. (snapped a photo)
3. a. (got around to)
4. d. (sense of fashion)
5. b. (read your mind)
6. b. (lay out)

(from page 56)

Word Wise Answers:

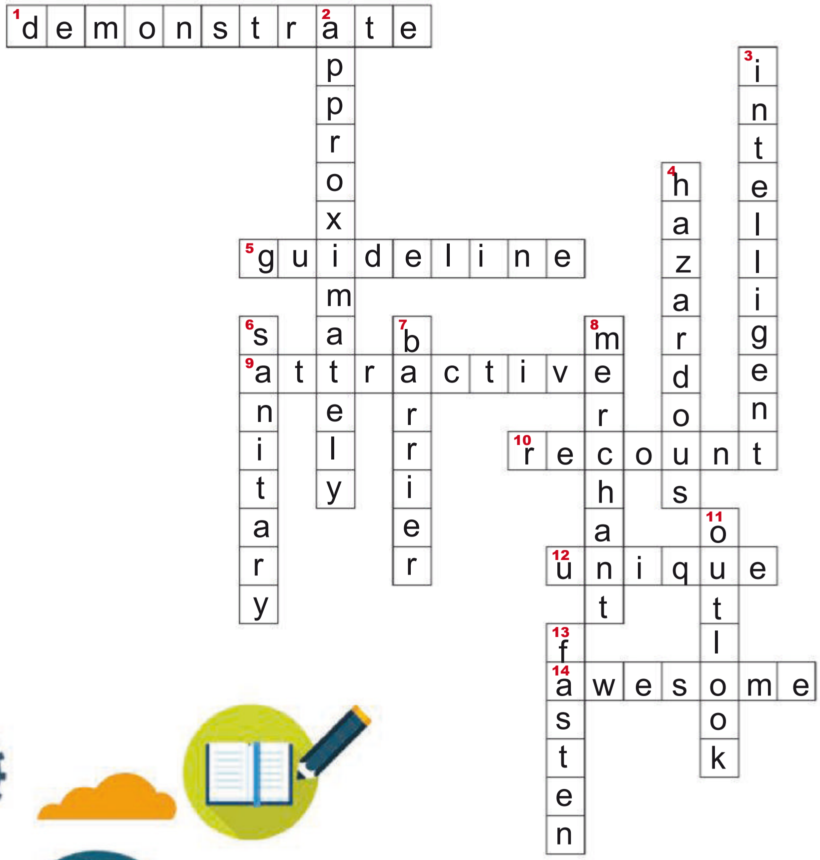
(from page 56)

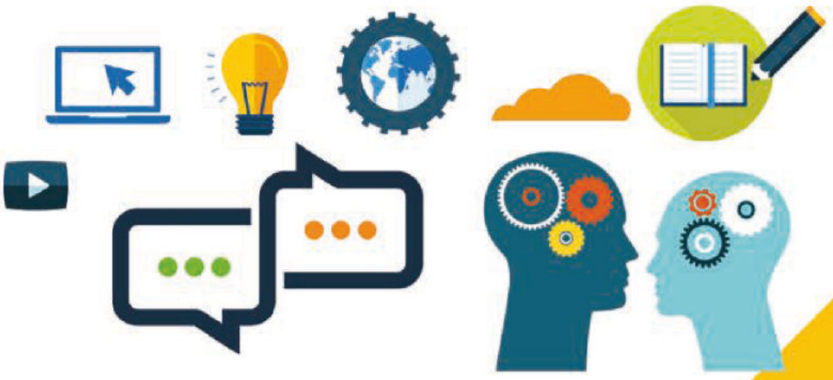
Across

1. demonstrate
5. guideline
9. attractive
10. recount
12. unique
14. awesome

Down

2. approximately
3. intelligent
4. hazardous
6. sanitary
7. barrier
8. merchant
11. outlook
13. fasten





MEDIUM

Key Points

Virtual Fitness, page 14

- Online videos of fitness classes can involve different kinds of exercises with or without equipment.
- Online fitness classes are convenient and offer a variety of exercises, but you still have to make time to do them.

HIGH

Key Points

The Entire World Should Know About Green Chemistry, page 16

- Most chemicals are artificial and may be harmful to the human body.
- Green Chemistry can decrease pollution and increase the sustainable development of the earth.

MEDIUM

Key Points

A Wedding Adventure, page 20

- We didn't know what would happen as more countries added travel restrictions, but we pressed ahead with a wedding in Thailand and a wildlife adventure trip in Borneo.
- Our trip was filled with wildlife sightings both at night and during the day, but frantically making our way home was also part of the exciting adventure.

MEDIUM

Key Points

Dame Evelyn Glennie: The World's First Solo Percussionist, page 26

- Glennie began losing her hearing at the age of 8 and was totally deaf by the age of 12.
- Glennie is an award-winning deaf musician who inspires people around the world.

HIGH

Key Points

Seven Habits of the Happiest People, page 28

- According to research, kindness, forgiveness and curiosity are three of seven wise choices people who are the happiest practice.
- Studies further indicate that gratitude, generosity, patience and journaling complete the list of the seven choices people make that ensure their happiness.

MEDIUM

Key Points

The Alchemist, page 34

- Santiago has the same dream each time he sleeps under a sycamore tree in the ruins of an old church.
- Santiago travels to the pyramids where he starts to dig for treasure.

HIGH

Key Points

Mercy Ships, page 36

- Mercy Ships sends ships with medical equipment and doctors to treat people in poor areas who need medical care.
- Mercy Ships trains local doctors and farmers in places the ship visits and provides patients with a safe, sanitary environment where they can recover.

HIGH

Key Points

Want to Be a Better Job Interviewer? Start Mirroring, page 44

- When interviewing someone for a job, use mirroring to better understand that person's cultural fit, experience and skills.
- Mirroring shows that you're paying attention and want more information while, at the same time, removing the feeling of judgment.

MEDIUM

Key Points

Exploring Ecuador, page 48

- Because of their special qualities, Ecuador's city of Quito and Galapagos Islands became UNESCO World Heritage sites in 1978.
- En route to the very unusual Galapagos Islands, visitors should also see the beautiful and historic city of Quito.

哈單字 App
雜誌同步

本雜誌音標採用American Heritage Dictionary的美式發音
如字母y在雙音節或多音節單字之字尾，發音標示為[i]

Review these vocabulary words every day.

Cut out these vocabulary cards.

WORD BANK

Oct. 16, 17; 19

follower (n)	[´fɑloɚ]	追隨者；擁護者
adopt (v)	[ə´dɑpt]	領養；收養
shelter (n)	[´ʃɛltɚ]	庇護所
furniture (n)	[´fɝnɪtʃɚ]	家具
boast (v)	[bost]	擁有(值得自豪的東西)
unique (adj)	[ju´nik]	獨一無二的；與眾不同的
ruin (n)	[´ruɪn]	廢墟

Oct. 19, 20

pyramid (n)	[´pɪrəmɪd]	金字塔
crystal (n)	[´krɪstəl]	水晶；結晶體
caravan (n)	[´kærəˏvæn]	(尤指騎駱駝穿越沙漠的) 商隊
tribal (adj)	[´traɪbəl]	部落的
accompany (v)	[ə´kʌmpəni]	陪同；伴隨
recount (v)	[rɪ´kaʊnt]	敘述；講述
identical (adj)	[aɪ´dɛntɪkəl]	完全相同的

Oct. 21, 22

progressively (adv)	[prə´grɛsɪvli]	逐漸地
straighten (v)	[´stretn]	把…弄直；(使) 變直
undergo (v)	[ˏʌndɚ´go]	接受 (治療等)；經歷
tumor (n)	[´tumɚ]	腫瘤；腫塊
ostracize (v)	[´ɑstrəˏsaɪz]	排擠；故意避開
transformation (n)	[ˏtrænsfɚ´meʃən]	徹底改變
sustainably (adv)	[sə´stenəbli]	可持續地

Oct. 22—24

sanitary (adj)	[´sænɪˏtɛri]	衛生的，乾淨的
eager (adj)	[´igɚ]	熱切的，渴望的
distribute (v)	[dɪ´strɪbjut]	散布；分發
evidence (n)	[´ɛvɪdəns]	證明；證據
itch (v)	[ɪtʃ]	渴望；發癢
objection (n)	[əb´dʒɛkʃən]	反對；有異議

Oct. 24; 26

romantic (adj)	[ro´mæntɪk]	浪漫的；多情的
attractive (adj)	[ə´træktɪv]	有魅力的；誘人的
snap (v)	[snæp]	拍快照
rapport (n)	[ræ´pɔr]	融洽；和睦的關係
hostage (n)	[´hɑstɪdʒ]	人質
negotiation (n)	[nɪˏgoʃi´eʃən]	談判，磋商
behavioral (adj)	[bɪ´hevjɚəl]	行為的

Oct. 27, 28

interrogative (adj)	[ˏɪntə´rɑgətɪv]	質問的；疑問的
equation (n)	[ɪ´kweʒən]	(多種因素的) 綜合體，平衡
navigate (v)	[´nævɪˏget]	確定…的方向；引導
outlook (n)	[´aʊtˏlʊk]	觀點；前景
personality (n)	[ˏpɝsə´nælɪti]	性格；人格
achiever (n)	[ə´tʃivɚ]	成功者
neglect (v)	[nɪ´glɛkt]	忽視；疏忽照顧

Oct. 28—30

communicator (n)	[kə´mjunɪˏketɚ]	溝通者
loosen (v)	[´lusən]	放鬆；鬆開
amuse (v)	[ə´mjuz]	逗樂；使開心
intelligent (adj)	[ɪn´tɛlədʒənt]	聰穎的；有才智的
description (n)	[dɪ´skrɪpʃən]	描述，描寫
original (adj)	[ə´rɪdʒənəl]	最早的，原先的
alter (v)	[´ɔltɚ]	變化；改動

Oct. 30, 31

altitude (n)	[´æltɪˏtud]	海拔高度
colonial (adj)	[kə´loniəl]	殖民地的
observation (n)	[ˏɑbzɚ´veʃən]	觀察；觀測
guideline (n)	[´gaɪdˏlaɪn]	指導原則，準則
license (v)	[´laɪsəns]	執照；特許
fortunate (adj)	[´fɔrtʃənɪt]	幸運的

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WORD BANK

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Cut out these vocabulary cards

Oct. 24; 26

- * Gary and Edith spent a **romantic** afternoon walking beside the river.
- * Which is better, to be smart or to be **attractive**?
- * George **snapped** some nice photos of the beautiful sunset.
- * The professor has a great **rapport** with his students.
- * The police believe the robbers have at least 30 **hostages** inside the bank.
- * The **negotiations** regarding the sale of the property should be finished by tomorrow.
- * Peter has been having a lot of **behavioral** problems since he changed schools.

Oct. 27, 28

- * Sherry's manner is very **interrogative** when she interacts with clients.
- * If you took the price of a car out of the **equation**, what kind of car would you buy?
- * Immigrants often have a hard time **navigating** social situations because of cultural differences.
- * Penny's **outlook** on life is extremely positive.
- * Danielle has a very sweet **personality**, just like her mom.
- * Three of my students are always the top **achievers** in every subject.
- * After we got a puppy, our older dog felt **neglected**.

Oct. 28—30

- * The boss is having problems with his staff because he's not a very good **communicator**.
- * The number of students here doubled after the school **loosened** its entrance requirements.
- * Our granddaughter loves **amusing** us with her lively stories.
- * Brianne is not only quite **intelligent**, she's also very humble.
- * I decided to take this class after reading the course **description**.
- * New York City's **original** name was New Amsterdam.
- * This practice math test will not **alter** anyone's grade.

Oct. 30, 31

- * The plane flew at an **altitude** of 10,000 meters.
- * The **colonial** period took place during the years before America's independence from Europe.
- * After years of **observation**, scientists believe the earth is getting warmer.
- * If you do not follow the park **guidelines**, you will have to leave the park.
- * Doctors in the U.S. must be **licensed** by the state before they can practice medicine.
- * We were **fortunate** to have sunny weather every day of our vacation.

Oct. 16, 17; 19

- * My family members are my best social media **followers**, and they give everything I post a like.
- * Last week, Henry **adopted** an elderly cat that was having trouble finding a home.
- * When we first adopted Snowball from the animal **shelter**, he was so skinny. Now he is too fat.
- * My mom gets angry at our dog for sleeping on the **furniture** because he leaves a lot of fur behind.
- * Our club started small, but it now **boasts** over 1000 members in three countries.
- * That necklace is very **unique**, I've never seen one like it before.
- * He walked around the ancient **ruins**.

Oct. 19, 20

- * You can't climb the **pyramids** in Egypt.
- * Many things take the form of **crystals**, including salt and diamonds.
- * The **caravan** stopped at the desert oasis.
- * The **tribal** leaders make the decisions.
- * Would you **accompany** me to the park?
- * He **recounted** the story to his friends.
- * They sell **identical** shirts in the men's section for a lot less.

Oct. 21, 22

- * As the years passed, the child grew **progressively** more and more confident.
- * Todd tried to **straighten** the bent nail by hitting it with a hammer.
- * My friend makes pillowcases for children **undergoing** surgery at a local hospital.
- * Sharon had surgery to remove the **tumor** on her skin.
- * The other children **ostracized** the boy because he wore dirty clothes and smelled bad.
- * The teacher's extra help led to a **transformation** in the child's school work.
- * Scientists are working on ways to **sustainably** create electricity.

Oct. 22—24

- * It is important for surgeons to keep their equipment **sanitary**.
- * After doing homework all Saturday morning, the children were **eager** to play in the park.
- * I was hired to stand in front of this shop and **distribute** these papers to people.
- * Your great grades are **evidence** that you worked very hard in school this year.
- * In America, many young people are **itching** to drive as soon as they turn 16.
- * If you have no **objections**, I will post your photo on my Facebook page.

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